

# Trillium

*Keeping Ontario Beautiful*



*2015 OHA Convention at Redeemer College, Ancaster, Ontario  
Convention pictures are courtesy of Chris Temple and Art Ward, District 6 Photographers*

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Some of the many available resources can be found on [www.gardenontario.org](http://www.gardenontario.org)

Soon to be found on the GardenOntario website, are the following forms:  
schedules for the Youth Clubs  
2016 Youth Competition Schedule,  
2016 Youth Competition Entry Sheet  
2015 Youth Club ActivityReport.

Please have your Youth Leaders review this information in preparation for next year's convention.

## 2015/2016 OHA Board Contact Information

### Executive 2015/2016

President	Suzanne Hanna	president@gardenontario.org
Vice President	Rose Odell	vp@gardenontario.org
Secretary	Kelly Taylor	secretary@gardenontario.org
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District 3 - Frontenac, Hastings, Leeds, Lennox and Addington, Prince Edward	Penny Stewart	district3@gardenontario.org
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## PRESIDENT'S MESSAGE

### *Gardening is Good for You*

Whenever I feel stressed or sad, I head for the garden to pull out a few weeds and putter a bit. Listening to the sounds of nature and feeling the dark, damp soil between my fingers, I am aware that my breathing slowly changes; my blood pressure lowers and my senses are heightened. I am distracted from the tasks and challenges of everyday life and I feel at peace.

Horticultural therapy has a very special place in my heart and I am pleased to see this important subject serve as the theme for our 2015 Fall Trillium newsletter. We should all take pride as members of the Ontario Horticultural Association that our hardworking volunteer organization supports horticultural therapy and provides funding for the creation of garden initiatives in our communities that promote health and healing.

Most of us are aware that gardening is good for us. We know that it can alleviate the symptoms of depression and anxiety, encourage social interaction with others, improve our communication skills and memory and provide sensory stimulation. It offers an opportunity for one to become more active and less dependent on others. Even hospitals provide parklike settings that can be viewed from patients' windows because they know that the sight of trees alone can reduce recovery time after a surgery by almost a full day!

My own Sault Ste. Marie Horticultural Society utilized Special Project funding and a Tree Grant to purchase perennials, shrubs and fruit trees for our hospital's Mental Health and Addictions garden over the years. The enclosed garden now sports a greenhouse that provides meaningful activity and acts as a refuge for those seeking control over their lives. It is gratifying that the OHA serves in a small way in my community to assist patients with their healing and provide a restored feeling of optimism through the nurturing of plants.

Horticultural therapy can occur in a variety of settings. For those individuals and families who live in apartments and have little or no access to green space, community gardens offer them the unique opportunity to produce healthy, nutritional and affordable food that otherwise would not be available to them. People from a wide variety of backgrounds, ages and abilities come together to exchange their varying degrees of gardening knowledge and share resources to save money.

According to Enza Trentadue, Manager of the Fred Victor Centre which operates a community garden for the homeless in Toronto, "It's a wonderful way to learn and engage in food and gardening. It builds community for people who are isolated. The garden becomes a mediator for communicating while weeding, watering and planting."

Acting as the Co-ordinator for the Allard Street Community Garden for the past twelve years, I have seen firsthand the healing effects of being involved in a community garden. Individuals with limited mobility look forward to coming to the accessible garden by Para-Bus because it provides "a sense of ownership, control and responsibility" and they feel whole and accepted by their fellow members.

Our community garden membership is fully aware of how youth can feel alienated in society and disconnected from nature. We provide positive work experiences for John Howard Society individuals who are serving community service time and for youth who are at risk. When they are constructing garden beds, mulching pathways with Christmas tree chips, filling water barrels or turning the compost, they are interacting in a "socially meaningful and physically productive way" that is openly appreciated and valued. They learn about the importance of being stewards of the earth and of belonging.



*President's message continued on page 4...*



... *President's message continued*

I am heartened by those individuals battling major health crises in their lives---whether it be cancer or dementia---who choose to remain members for as long as they are able. They recognize that gardening can help people remain physically fit and that exposure to green plants can relieve stress and anxiety while providing hope. The community garden membership serves as a family of sorts, offering support and encouragement and a sense of wellness.

Just how important are community gardens? According to Gail Fenestra, "You can't add it up in dollars and cents. How do you value the change that takes place in someone's life when they've come to work in a garden after getting out of prison and they see themselves in a new way? How do you value children learning that it takes time and effort to reap the fruit of their labour, that you can't rush it, that there's essentially no free lunch? Kids today see an emphasis on immediate gratification. With gardening, they learn what a season is, what a cycle is, that it takes time to go through a season and your own inner development. At the end there is a beautiful fruit but you have to wait until it is ripe to pick it. Working with the earth, they begin to see the connection, the analogy to their own life."

Why not seek out the community garden that exists in your city or better still apply for OHA Community Garden funding to create one? Just remember that "Gardens don't grow just where they're sown; they spread out runners, teaching the young, inspiring the old and giving neighbourhoods new hope."

May we all bloom where we are planted.

Suzanne Hanna

## From the Secretary's Desk

The OHA Convention in Ancaster was amazing!! District 6 created many interactive and fun games for districts and members alike to participate in. Everyone enjoyed all of the games including the baby picture contest!! District 6 also took pride in showing Ontario gardeners the rich heritage of the Carolinian District with a beautiful boat cruise down the Grand River, a tour of Whistling Gardens and tremendous fountain show and with an amazing tour of Dundurn Castle just to name a few.



It was a pleasure to see the Victorian kitchen garden at Dundurn Castle, which provides an abundance of fruit, flowers, vegetable and herbs. The use of historical tools from the 1850's and varied methods still grow food for Dundurn Castle's historic kitchen today. Great programs, competitions, speakers, food, and a renewal of friendships were had. Congratulations to District 6 for an amazing experience!

On a more serious note, we are already thinking about our next convention in Waterloo, District 19. Details about the 110th OHA Convention will come out in future Trilliums and on the GardenOntario website.

Soon to be found on the GardenOntario website, are the following forms/schedules for the Youth Clubs: 2016 Youth Competition Schedule, 2016 Youth Competition Entry Sheet, and the 2015 Youth Club Activity Report. Please have your Youth Leaders review this information in preparation for next year's convention.

If you have any questions about these forms or the 2016 Youth Competition Schedule, please contact the Youth Competition Chair, Jane McDonald at [mcdonald\\_jc@hotmail.com](mailto:mcdonald_jc@hotmail.com)

With Thanks

Kelly Taylor, OHA Secretary      [secretary@gardenontario.org](mailto:secretary@gardenontario.org)





A big "THANK-YOU" to everyone who attended the 2015 OHA Convention at Redeemer College from Donna Hussey and her troops" in District 6. We appreciate your attendance from all corners of this province and we were thrilled to have you here. We had a fabulous time entertaining you and were thrilled to meet so many smiling faces. The pictures tell the tale of the convention and you will see nothing but happy faces here. Several of our members were quite surprised to find that we had so much fun along with the jobs we were all assigned. The "activities" made things welcoming and friendly, and there was always something to do. We hope the "Activities Challenge" is taken up and carried forward next year.

We are looking forward to meeting our new friends again in Waterloo next year. Thank-you to the OHA Board of Directors for giving us this wonderful networking opportunity. Our District has benefitted greatly from the experience!

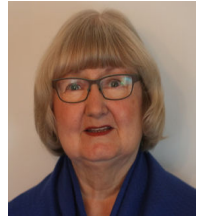
*Pictures are courtesy of Chris Temple and Art Ward, District 6 Photographers*





## 2015 Convention Awards Banquet

**Ontario Horticultural Association Silver Medal**, was presented to Carol Dunk, Barrie's Garden Club, District 16, with its associated framed certificate, is the highest award of the Association. The award is given for outstanding work in the advancement of horticulture in accordance with the aims of the Association.



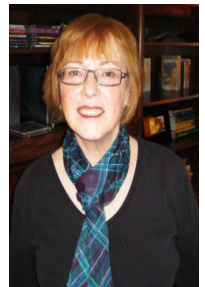
**Trillium/Silver Fir Award** was presented to Jean Phillips, Orangeville and District Horticultural Society, District 7 and Shirley Daniels, Cloverleaf Garden Club, District 15. The Trillium award is a silver brooch in the shape of a trillium. The award was initially donated by Thelma Boucher who was the OHA President in 1941. The Silver Fir award is a silver pin that was initiated by Alastair Crawford. Two awards annually may be given for outstanding service to Horticultural Societies and/or the Ontario Horticultural Association for an extended period.

**Community Improvement Award** was presented to St. Hilary's Church Garden c/o Cloverleaf Garden Club, District 15. This award is a plaque provided by the Ontario Horticultural Association. It may be given to an individual, organization or company that, in the estimation of the Awards Committee, has enhanced the beauty of the landscape and/or added to the quality of life of a community with a horticultural project.



**Honour Roll Certificate** was presented to Stuart Gough, Oakville Horticultural Society, District 6. The Awards Committee may select a maximum of two candidates from those nominated.

**Youth Leader Award** was presented to Patricia Bell, Oro-Medonte Horticultural Society, District 16. This plaque is presented to a person who has been a Youth Club leader for a minimum of five years.



**Youth Project Award** (formerly known as the Nother's Award) was presented to Frank Cox and the students of Oakridge Public School, c/o Cloverleaf Garden Club of Mississauga, District 15. This can be awarded annually to the winner of a public project undertaken by a Youth Club.

**Environmental Award** was presented to both Aurora Community Arboretum, District 5 and The Riverwood Conservancy (TRC), Mississauga, ON c/o Cloverleaf Garden Club of Mississauga, District 15. This award is a plaque provided by the Ontario Horticultural Association. It may be presented to an individual, organization, municipality, company, school or other educational establishment that, in the estimation of the Awards Committee, has made a significant contribution to environmental preservation including habitat, restoration, and/or improvement.



## 2015 Convention Awards Banquet Continued

**OHA Tree Grants:** The following societies received tree grants, up to \$200, in 2015: Brockville & District, District 3, Burlington, District 6, Clinton, District 8, Durham & District, District 8, Eganville & Area, District 2, Elora Salem, District 7, Galt, District 19, Greater Windsor, District 11, Lake Simcoe South Shores, District 5, London Fanshawe, District 10, Nipigon Red Rock, District 14, Pakenham, District 2, Peterborough, District 4, Sudbury, District 13, St. Marys, District 10, Tilbury & District, District 11, Wasaga Beach, District 16, Wilmot, District 19, Woodbridge, District 15.

**OHA Special Project Grants:** To assist societies in meeting the objectives of the OHA, the board will provide a Special Project Grant to a maximum of \$500.00 for each project.

Grand Valley, District 7, London Fanshawe, District 10, Parry Sound, District 18.

**Community Garden Grants:** The OHA encourages its member societies to create or contribute to community gardens whether urban or rural. OHA will award a grant of \$500 to assist in the funding of a new community garden or the up-grading of an existing community garden.

Port Dover, District 6, Ripley & District, District 8.

**Seedy Saturday/Sunday Grants:** The OHA will provide a grant of \$250 annually to a member society to organize a first-time Seedy Saturday/Sunday event in their community. Wingham Society, District 8.

**OHA Membership Challenge Trophy:** This is a trophy, donated by Fines Flowers of Ottawa, to be awarded to a District with the highest percentage membership increase overall for the year. This year it was awarded to District 2, Lanark, central and western Ottawa, Renfrew with a 12.39% increase.

*Congratulations to all of these deserving recipients.*

### Art Competition Results

Class #1 "A Carolinian District"	No entries	
Class #2 "Summer in the Southern Tier"	1 <sup>st</sup> Dorelene Anderson	District 7
Class #3 "A Grand Experience"	1 <sup>st</sup> Ken Taylor	District 6
	2 <sup>nd</sup> Joe Bosnyak	District 6
	3 <sup>rd</sup> Shirley Temple	District 6
Class #4 "It's Worth the Drive to Halton Hills"	1 <sup>st</sup> Barb Elend	District 5
Class #5 Ontario's Garden"	1 <sup>st</sup> Sharon Nivins	District 8
	2 <sup>nd</sup> Amanda Ryder	District 6
	3 <sup>rd</sup> Donna Hussey	District 6
Class #6 "Off to the Races!!"	No entries	
Class #7 "Royal Botanical Gardens"	1 <sup>st</sup> Joan MacKinnon	District 3
Class #8 "Isn't She an Apple Doll"	1 <sup>st</sup> Lucia Rostirolla	District 15
Class #9 "Cascading Waterfalls"	1 <sup>st</sup> Loretta Jones	District 6
Class #10 "Just Peachy"	1 <sup>st</sup> Shirley Temple	District 6
	2 <sup>nd</sup> Loretta Jones	District 6
	3 <sup>rd</sup> Dorothy Shropshire	District 16
Best in Show Joan MacKinnon		

Our Judge was Dr. Cuthill Art Gallery Director of Redeemer College



# 2015 Photography Competition Results

## **Class 1 "A study In Black & White"**

Ana Shantz Waterloo H.S. D19  
Debra Foster Oshawa G.C. D17  
Margaret Collins Paris H.S. D6  
H.M. Kelly Taylor London Fanshawe H.S. D10

## **Class 2 "Growing For The Community"**

Debra Foster Oshawa G.C. D17  
James Tibble Sault Ste. Marie H.S. D13  
Cecile McCaig Sault Ste. Marie H.S. D13

## **Class 3 "Aquatics"**

Debra Foster Oshawa G.C. D17  
Elaine Reffle Sault Ste. Marie H.S. D13  
Wade Pitman Oakville H.S. D6  
H.M. Jean Painter Stouffville H.S. D5

## **Class 4 "Cinquefoils"**

Ana Shantz Waterloo H.S. D19  
James Tibble Sault Ste. Marie H.S. D13  
Gay MacQuarrie Kanata H.S. D2

## **Class 5 "Ancaster History"**

Kelly Taylor London Fanshawe H.S. D10  
Peter McLarty Sault Ste. Marie H.S. D13  
Margaret Collins Paris H.S. D6  
H.M. Mary Rose Oakville H.S. D6

## **Class 6 "Go Wild"**

Jean Painter Stouffville H.S. D5  
Debra Foster Oshawa G.C. D17  
Nancy Yake Cloverleaf G.C. D15  
H.M. Ana Shantz Waterloo H.S. D19  
H.M. Margaret Collins Paris H.S. D6

## **Class 7 "Art In The Garden"**

1) James Tibble Sault Ste. Marie H.S. D13  
2) Peter McLarty Sault Ste. Marie H.S. D13  
3) Wade Pitman Oakville H.S. D6  
H.M. Uldis Broks North York H.S. D5

## **Class 8 "Abstracts In The Garden"**

1) Wade Pitman Oakville H.S. D6  
2) Barbara Rycquart Port Burwell H.S. D10  
3) Mary Rose Oakville H.S. D6  
H.M. Jean Painter Stouffville H.S. D5

## **Class 9 "2013 Spring Fundraiser"**

Fleurette Huneault Gloucester H.S. D1  
Barbara Rycquart Port Burwell H.S. D10  
Mary Rose Oakville H.S. D6  
H.M. Ana Shantz Waterloo H.S. D19

## **Class 10 "Grass Free"**

Wade Pitman Oakville H.S. D6  
Debra Foster Oshawa G.C. D17  
Ana Shantz Waterloo H.S. D19  
H.M. Linda Earl Athens H.S. D6

## **Class 11 "Front Row Seat"**

Nancy Yake Cloverleaf G.C. D15  
Wade Pitman Oakville H.S. D6  
Rick Mann St. Marys H.S. D10  
H.M. Uldis Broks North York H.S. D5

## **Class 12 "Pollinators At Work"**

12A - 1) Bianca Fenning Sudbury H.S. D13  
12B - 1) Ryan Taylor London Fanshawe H.S. D10  
2) Daniel Rostirolla Richmond Hill H.S. D15

## **Class 13 "Up Close"**

13A - 1) Bianca Fenning Sudbury H.S. D13  
13B - 1) Ryan Taylor London Fanshawe H.S. D10  
2) Daniel Rostirolla Richmond Hill H.S. D15

## **Best In Show Winner**

Anna Shantz Waterloo H.S. D19

## 2015 Youth Competition Results

### Sec. A Class 1 "Royal Botanical Gardens"

- 6-8 yr. No entries  
 9-11 yr. No entries  
 12-14 yr. 1) Alexander Wagler, Wilmot, D 19  
 15-18 yr. 1) Shelby Wagler, Wilmot, D 19  
             2) Cassidy Wagler, Wilmot, D 19

### Sec. B Class 2 "My Seedlings"

- 6-8 yr. 1) Olivia Pritchard, Guelph Township, D 7  
           2) Madilynn Cressman, Wilmot, D 19  
 9-11 yr. No entries  
 12-14 yr. 1) Alexander Wagler, Wilmot, D 19  
 15-18 yr. 1) Shelby Wagler, Wilmot, D 19  
             2) Cassidy Wagler, Wilmot, D 19

### Sec. B Class 3 "Welcome to the Southern Tier"

- 6-8 yr. 1) MacKenzie Cressman, Wilmot, D 19  
           2) Olivia Pritchard, Guelph Township, D 7  
           3) Madilynn Cressman, Wilmot, D 19  
           4) Luke Amidon, Guelph Township, D 7  
 9-11 yr. 1) Michael Rostirolla, Richmond Hill, D 15  
           2) Lola Dickson, Grafton, D 4  
           3) Carley Cressman, Wilmot, D 19  
           4) Natasha Banks, Grafton, D 4  
           5) Alissa Callahan, Grafton, D 4 (1)  
 12-14 yr. 1) Daniel Rostirolla, Richmond Hill, D 15  
           2) Alexander Wagler, Wilmot, D 19  
 15-18 yr. 1) Shelby Wagler, Wilmot, D 19

### Sec. B Class 4 "Foodland Ontario"

- 6-8 yr. 1) Luke Amidon, Guelph Township, D 7  
           2) Mackenzie Cressman, Wilmot, D 19  
           3) Madilynn Cressman, Wilmot, D 19  
 9-11 yr. 1) Carley Cressman, Wilmot, D 19  
           2) Michael Rostirolla, Richmond Hill, D 15  
 12-14 yr. 1) Daniel Rostirolla, Richmond Hill, D 15  
 15-18 yr. 1) Shelby Wagler, Wilmot, D 1

### Sec. C Class 5 "Captured in Time"

- 6-8 yr. 1) Madilynn Cressman, Wilmot, D 19  
           2) Carley Cressman, Wilmot, D 19  
           3) Mackenzie Cressman, Wilmot, D 19  
 9-11 yr. 1) Raven Shulist, Grafton, D 4  
           2) Lolah Shutt, Grafton, D 4  
           3) Emma Kelly, Grafton, D 4  
           4) Finley Kelly, Grafton, D 4  
           5) Hannah Burgess, Grafton, D 4  
 12-14 yr. 1) Alexander Wagler, Wilmot, D 19  
 15-18 yr. 1) Shelby Wagler, Wilmot, D 19  
             2) Cassidy Wagler, Wilmot, D 19

### Sec. C Class 6 "Having Fun"

- 6-8 yr. 1) Madilynn Cressman, Wilmot, D 19  
 9-11 yr. 2) Michael Rostirolla, Richmond Hill, D 15

- 12-14 yr. 1) Alexander Wagler, Wilmot, D 19  
             2) Daniel Rostirolla, Richmond Hill, D 15  
 15-18 yr. 1) Pearl Inch, Winona, D 6  
             2) Nicole Brenner, Guelph Township, D 7  
             3) Cassidy Wagler, Wilmot, D 19  
             4) Shelby Wagler, Wilmot, D 19

### Sec. D Class 7 "Cactus Garden"

- 1) St. Marys, D 10  
 2) Richmond Hill, D 15  
 3) Guelph Township, D 7

### Sec. D Class 8 "Cootes Paradise"

- 1) Danica Zehr, Wilmot, D 19  
 2) Jack S. St. Marys, D 10  
 3) Carlie M. St. Marys, D 10  
 4) Jordan W., St. Marys, D 10  
 5) Cyler P., St. Marys, D 10

### Sec. E Class 9 "Crawford Lake"

- 1) Daniel Rostirolla, Richmond Hill, D 15  
 2) Michael Rostirolla, Richmond Hill, D 15

### Sec. E Class 10 "Seed Package"

- 6-11 yr. 1) Natasha Banks, Grafton, D 4  
           2) Carley Cressman, Wilmot, D 19  
           3) Hannah Burgess, Grafton, D 4  
 12-18 yr. 1) Shelby Wagler, Wilmot, D 19  
           2) Daniel Rostirolla, Richmond Hill, D 15  
           3) Nicole Brenner, Guelph Township, D 7

### Sec. E Class 11 "Dogwood"

- 1) Wilmot, D 19  
 2) Richmond Hill, D 15

### Sec. F Class 12 "Ruby Bryan Award"

- 1) Grafton, D 4

### Sec. F Class 13 Youth Activity Award

- 1) Grafton, District 4  
 2) Wilmot, District 19  
 3) St. Marys, District 10

### Sec. F Class 14 Youth Project Award (formerly known as the Nother's Award)

Frank Cox and the students of Oakridge Public School, c/o Cloverleaf Garden Club of Mississauga, District 15

### Sec. E Class 15 Ruby Lobban Award

- 1) Wilmot, District 19  
 2) Richmond Hill District 15  
 3) Guelph Township, District 7

**Total number of entries:** 105

**Number of societies participating:** 6

## 2015 Creative Writing Competition Results

15 Entries: - 5 Class # 1; 4 Class # 2 and 6 Class # 3. This is down considerably from 2014, where there were 33 Entries.

### **Congratulations to the Winners!**

#### **Class # 1 "Create a Song"**

- 1st...Bill Thiffault, Kapuskasing, D 12
- 2nd..Rose Odell, Cramahe, D 4
- 3rd..Brenda Stericker, Waterloo, D 19

#### **Class # 2 "Free Verse Poem"**

- 1st...Bill Tiffault, Kapuskasing, D 12
- 2nd..Rose Odell, Cramahe, D 4
- 3rd..Brenda Stericker, Waterloo, D 19

#### **Class # 3 "STORY"**

- 1st.. Sylvia Grant, Guelph Township, D 7

#### **Best in Show**

- 2nd..Patty Carlson, Richmond Hill, D 15
- 3rd..Ruth Robinson, Guelph Township, D 7

#### **"Springtime in The Butchart Gardens"**

*by Sylvia Grant, Guelph Township, D 7*

There was a late spring snowfall on the morning my husband and I flew out of Toronto for a week on Canada's West Coast. Top on my list of places to go and things to see was Butchart Gardens, near Victoria on Vancouver Island. I had been there on other occasions but this past Southern Ontario winter had been exceptionally long and cold. Knowing that spring had already come to Victoria made me long to visit this garden again.

The Butchart Gardens are a series of gardens in a variety of styles. Our first stop was the high spot overlooking the Sunken Garden. It had been a quarry from which the Butchart family had extracted limestone to make cement. Once the quarry was depleted, Mrs. Butchart had the foresight, the money and the resources to create a garden in what had been a place of desolation.

In April, the flower beds in the Sunken Garden, were filled with tulips and daffodils. I closed my eyes to breathe in the smell of the damp earth mixed with the scent of the spring bulbs. I opened my eyes and noticed that each flower bed had a different colour scheme. There were beds of yellow and cream daffodils and beds of red, yellow, purple or pink tulips, all growing up through masses of blue forget-me-nots. My delighted eyes jumped from flower bed to flower

bed trying to take in this overview before descending the stairs into the Sunken Garden.

In the Sunken Garden, paved walkways allowed us close up views of the many flower beds and a large pond. A cherry tree covered in frilly pink blossoms was reflected in the still water of this pond. Some of the blossoms had begun to drop into the pond creating floating pink islands.

At the south end of the Sunken Garden we paused to view the Ross Fountain, developed in another abandoned quarry. This quarry was water filled and we watched as jet streams of water shot eighty feet up from a system of nozzles. We watched and listened as the water rushed straight up, criss crossed in a series of intricate patterns and then splashed back into the quarry.

From the fountain we crunched our way up a gravel path, out of the Sunken Garden. We stopped to admire the carvings on three totem poles, reminding us of pre-Butchart inhabitants.

We then moved on to the Japanese Garden, situated on a hillside. We climbed up and down narrow steps and pathways past pink rhododendrons, coppery azaleas and red Japanese maples. We crossed over rushing streams on red, painted bridges and walked on stepping stones across one of the ponds. In another pond we found a wild boar scarer. This ingenious device pumped water into a bamboo tube. When the tube was full, it tipped, emptied and in doing so, hit a rock. The thud of the bamboo on the rock was intended to scare away wild boars.

From the Japanese Garden, we walked to the Rose Garden where emerging leaves on pruned, barbed canes signalled an awakening from dormancy. The rest had to be left up to the imagination. Only a visit in June would reveal the sights and scents of this rose garden in full bloom.

The final garden of our visit was the Italian Garden, the most formal of all the Butchart Gardens. A large rectangular pool, surrounded by formally arranged tulip beds provided a calm and restful finish to a day of sensory delight.

Our visit to The Butchart Gardens had been a truly grand experience for two winter-weary Ontarians. We now felt ready to return home and wait patiently for spring's eventual arrival in our part of the country.

*Submitted by Sandra Hartill,  
Chair of the Creative Writing Competition*



## 2015 Publications Competition Results

### **Class #1 Yearbook Cover – Primarily Hand Drawn**

- 1) Pat Izsak, Thunder Bay H.S. D 14

### **Class #2 Yearbook Cover – Primarily Computer Generated Graphics**

- 1) J.A. Hamilton, Oro-Medonte H.S. D 16
- 2) Mary Jane Irwin, Minden & District H.S. D 4
- 3) Marilyn Cox, Lake Simcoe Gardeners D 5

### **Class #3 Yearbook Cover - Cover Illustration Primarily Photographic**

- 1) J. Love, North York Garden Club D 3
- 2) Tracy Bosley, Alliston & District H.S. D 16
- 3) Lucia Rostirolla Richmond Hill Garden & H.S. D 15

### **Class #4 2014/2015 Special Event Poster**

- 1) J.A. Hamilton, Oro-Medonte H.S. D 16
- 2) Manuela Neto, Cloverleaf Garden Club of Mississauga D 15
- 3) Lucia Rostirolla Richmond Hill Garden & H.S. D 15

### **Class #5 2014/2015 Special Event Brochure/ Pamphlet/Flyer**

- 1) Lucia Rostirolla Richmond Hill Garden & H.S. D 15
- 2) Ralph Cox, Greater Toronto Water Garden & H.S. D 5
- 3) Hermina Hubert, Sudbury H.S. D 13

### **Class #6 Club/Society Brochure/Pamphlet/Flyer**

- 1) Lucia Rostirolla Richmond Hill Garden & H.S. D 15
- 2) Sheila Whiteley, Leaside Garden Society D 5
- 3) Jackie Riddle, St. George Garden Club D 6

**Note: For larger newsletters, ONLY first 10 pages will be judged**

### **Class #7 Newsletter Cover (2) Illustration Primarily Hand Drawn 10 Pages or Less**

- 1) Marilyn Cox, Lake Simcoe Gardeners D 5
- 2) Tom Bridge, Lennox & Addington H.S. D 3

### **Class #8 Newsletter Cover (2) Illustration Primarily Photographic 10 Pages or Less**

- 1) Linda Skinner, Longlac H.S. D 14
- 2) J.A. Hamilton, Oro-Medonte H.S. D 16
- 3) Jane McCabe, Collingwood Garden Club D 16

### **Class #9 Newsletter Cover (2) Graphic Primarily Computer Generated 10 Pages or Less**

- 1) Manuela Neto, Cloverleaf Garden Club of Mississauga D 15
- 2) Hermina Hubert, Sudbury H.S. D 13
- 3) Susan Bartlett, East York Garden Club D 5

### **Class #10 Current Youth Journal/Scrapbook (0)**

### **Class #11 Club/Society Bookmark**

- 1) Lucia Rostirolla, Richmond Hill Garden & H.S. D 15
- 2) Jane McCabe, Collingwood Garden Club D 16
- 3) Sheila Brazys, Leaside Garden Society D 5

### **Class #12 Club/Society Promotional/Partnership**

- 1) Mary Jane Irwin, Minden & District H.S. D 4

### **Class #13 2015 Yearbook Full Letter Size 8.5" x 11" Maximum-Cover Size 9" x 11.5" Including Binding**

- 1) Pat Izsak, Thunder Bay H.S. D 14
- 2) Hermina Hubert, Sudbury H.S. D 13
- 3) Sandra Williamson, Georgetown H.S. D 16

### **Class #14 2015 Yearbook Letter Size Folded into Booklet Style 8.5"x 5.5" Maximum size 9" x 6" Including Binding**

- 1) Tracy Bosley, Alliston & District H.S. D 16
- 2) Manuela Neto, Cloverleaf Garden Club of Mississauga D 15
- 3) Jean Gordon, Guelph Township D 7

### **Class #15 2015 Yearbook Legal Size Folded into Booklet Style 8.5" x 7" Maximum Cover Size 9" x 7.5" Including Cover**

- 1) Mary Jane Irwin, Minden & District H.S. D 4
- 2) Linda Belisle-Wallis Brighton H.S. D 4

### **Class #16 2015 Youth Yearbook**

- 1) Jean Gordon Guelph Township H.S. D 7

### **Class #17 Current Show Schedule**

- 1) Tracy Bosley, Alliston & District H.S. D 16
- 2) Mary Jane Irwin, Minden & District H.S. D 4
- 3) Debra Bowness, Aurora Garden & H.S. D 5

97 entries received by May 9, 2015

2 received after May 9, 2015

## 2015 Flower Show Winners

### Design

#### Class 1 (# entered in class -5/5)

- 1st: Dawn Suter, D6, Haldimand HS
- 2nd: Nancy Wilson, D6, Georgetown HS
- 3rd: Mary-Ann Vercammen, D5, Newmarket HS

#### Class 2 (7/7)

- 1st: Don Reeder, D6, Haldimand HS
- 2nd: Susan Suter, D6, Haldimand HS
- 3rd: Ursula Eley, D5, Beach Garden S

#### Class 3 (7/8)

- 1st: Lizzie Matheson, D6, Mount Hamilton HS
- 2nd: Claudette Smith, D16, Orillia HS
- 3rd: Celia Roberts, D6, Oakville HS

#### Class 4 (6/6)

- 1st: Elaine Collins, D3, Gananoque HS
- 2nd: Berni Barratt, D 10, Stratford & District HS
- 3rd: Lil Taggart, D5, Georgetown HS

#### Class 5 (5/5)

- 1st: Melanie Marjoam, D7, Orangeville HS
- 2nd: Sandra Williamson, D6, Georgetown HS
- 3rd: Marie Decker, D6, Oakville HS

#### Class 6 (6/6)

- 1st: Allison Osterman, D6, Burlington HS
- 2nd: Celia Roberts, D6, Oakville HS
- 3rd: Heinke Thiessen, D15, Credit Valley HS

#### Class 7 (6/6)

- 1st: Melanie Marjoram, D7, Orangeville HS
- 2nd: Lizzie Matheson, D6, Mount Hamilton HS
- 3rd: Lynda Burke, D15, Richmond Hill HS

#### Class 8 (6/6)

- 1st: Lizzie Matheson, D6, Mount Hamilton HS
- 2nd: Dawn Suter, D6, Haldimand HS
- 3rd: Don Reeder, D6, Haldimand HS

#### Class 9 (10/10)

- 1st: Connie Bijl, D6, Burlington HS
- 2nd: Mary-Ann Vercammen, D5, Newmarket HS
- 3rd: Ursula Eley, D5, Beach Garden S

#### Class 10 (10/10)

- 1st: Berni Barratt, D10, Stratford & District HS
- 2nd: Connie Bijl, D6, Burlington HS
- 3rd: Lil Taggart, D6, Georgetown HS

### Special Design Awards

Best in Show: Melanie Marjoram, D7, Orangeville HS  
 Judge's Choice: Melanie Marjoram, D7, Orangeville HS  
 Most Creative Design: Susan Suter, D6, Haldimand HS  
 Best Use of Colour: Celia Roberts, D6, Oakville HS  
 Best Small Design: Lizzie Matheson, D6, Mt Hamilton  
 Judge's Choice Miniature: Ursula Eley, D5, Beach GS

### Horticulture

#### Class 11 (5)

- 1st: Shelley Mackenzie, D10, St. Thomas & District
- 2nd: Jackie Riddle, D6, St., George GC
- 3rd: Elise Clement-Hollingworth, D6, Milton HS

#### Class 12 (9)

- 1st: Lorraine Love, D6, Burlington HS
- 2nd: Margaret Laman, D11, Kingsville HS
- 3rd: Mary Rose, D6, Oakville HS

#### Class 13 (3)

- 1st: Eva Vestergaard, D10, London HS
- 2nd: Jackie Riddle, D6, St. George GC
- 3rd: Lizzie Matheson, D6, Mount Hamilton HS

#### Class 14 (6)

- 1st: Dini Balych, D6, Mount Hamilton HS
- 2nd: Eva Vestergaard, D10, London HS
- 3rd: Krys Good, D6, Milton & District HS

#### Class 15 (4)

- 1st: Margaret Laman, D11, Kingsville HS
- 2nd: Sherry Burgess, D10, St. Thomas & District
- 3rd: Eva Vestergaard, D10, London HS

#### Class 16 (7)

- 1st: Shelley Mackenzie, D10, St. Thomas & District
- 2nd: Lawrence Cameron, D6, Burlington HS
- 3rd: Jean Gordon, D7, Guelph HS

#### Class 17 (6)

- 1st: Bev Parnaby, D6, Milton & District HS
- 2nd: Elise Clement-Hollingworth, D6
- 3rd: Jackie Riddle, D6, St. George GC

#### Class 18 (11)

- 1st: Bev Parnaby, D6, Milton & District HS
- 2nd: Elizabeth Schleicher, D6, Burlington HS
- 3rd: Diane Naiker, D6, Mount Hamilton HS

#### Class 19 (0)

#### Class 20 (6)

- 1st: Heinke Thiessen, D15, Credit Valley HS
- 2nd: Elise Clement-Hollingworth, D6, Milton HS
- 3rd: Mary Rose, D6, Oakville HS

#### Class 21 (22)

- 1st: Mary Rose, D6, Oakville HS
- 2nd: Susan Ross, D11, Leamington HS
- 3rd: Mary Rose, D6, Oakville HS

#### Class 21A (9)

- 1st: none
- 2nd: Lianne Krane, D6, Milton & District HS
- 3rd: Bev Parnaby, D6, Milton & District HS

#### Class 22 (9)

- 1st: Bev Parnaby, D6, Milton & District HS
- 2nd: Elise Clement-Hollingworth, D6, Milton HS
- 3rd: Heinke Thiessen, D15, Credit Valley HS

#### Class 23 (10)

- 1st: Eva Vestergaard, D10, London HS
- 2nd: Jackie Riddle, D6, St. George GC
- 3rd: Elise Clement-Hollingworth, D6, Milton HS

#### Class 23A (11)

- 1st: Jacob Laman, D11, Kingsville HS
- 2nd: Heinke Thiessen, D15, Credit Valley HS
- 3rd: Heinke Thiessen, D15, Credit Valley HS

#### Class 23B (4)

- 1st: Heinke Thiessen, D15, Credit Valley HS
- 2nd: Lorraine Love, D6, Burlington HS
- 3rd: Gloria Broks, D5, North York HS

#### Class 24 (11)

- 1st: Jacob Laman, D11, Kingsville HS
- 2nd: Heinke Thiessen, D15, Credit Valley HS
- 3rd: Heinke Thiessen, D15, Credit Valley HS

## 2015 Flower Show Winners Continued

Class 24A (7) 1st: Roselea Paliwoda, Minden & District HS 2nd: Bev Parnaby, D6, Milton & District HS 3rd: Maryann Van Tol, D10, London HS	Class 33 (2) 1st: Wendy Gay, D6, Oakville HS 2nd: Wendy Gay, D6, Oakville HS
Class 25 (8) 1st: Roselea Paliwoda, D4, Minden & District HS 2nd: Gloria Broks, D5, North York HS 3rd: Margaret Laman, D11, Kingsville HS	Class 34: (0) Class 35: (6) 1st: Catherine McGill, D6, Haldimand HS 2nd: Eva Vestergaard, D10, London HS 3rd: Susan Ross, D5, Leamington HS
Class 25A (10) 1st: Dini Balych, D6, Mount Hamilton HS 2nd: Mary Rose D6, Oakville HS 3rd: Mary Cameron, D6, Burlington HS	Class 36 (2) 1st: Elise Clement-Hollingworth, D6, Milton HS 2nd: Dawn Suter D6, Haldimand HS
Class 26 (1) 1st: Elizabeth Schleicher, D6, Burlington HS	Class 37 (10) 1st: Elise Clement-Hollingworth, D6, Milton HS 2nd: Mary Lou Purcell, D10, St. Thomas & District HS 3rd: Catherine McGill, D6, Haldimand HS
Class 27 (12) 1st: Elizabeth Schleicher, D6, Burlington HS 2nd: Wade Pitman, D6, Oakville HS 3rd: Gloria Broks, D5, North York HS	Class 38 (9) 1st: Marie Decker, D6, Oakville HS 2nd: Elizabeth Schleicher, D6, Burlington HS 3rd: Marie Decker, D6, Oakville HS
Class 28 (16) 1st: Catherine McGill, D6, Haldimand HS 2nd: Gloria Broks, D5, North York HS 3rd: Gloria Broks, D5, North York HS	Class 39 (11) 1st: Heinke Thiessen, D15, Credit Valley HS 2nd: Eva Vestergaard, D10, London HS 3rd: Patty Carlsson, D5, Richmnad Hill HS
Class 29 (12) 1st: Elise Clement-Hollingworth, D6, Milton HS 2nd: Lynda Burke, D5, Richmond Hill HS 3rd: Mary Cameron D6, Burlington HS	Class 40 (8) 1st: Elizabeth Schleicher, D6, Burlington HS 2nd: Mary Cameron, D6, Burlington HS 3rd: Mary Cameron, D6, Burlington HS
Class 30 (12) 1st: Lorraine Love, D6, Burlington HS 2nd: Elise Clement-Hollingworth, D6, Milton HS 3rd: Eva Vestergaard, D10, London HS	Class 41 (6) 1st: Krys Good, D6, Milton & District HS 2nd: Elizabeth Schleicher, D6, Burlington HS 3rd: Marie Decker, D6, Oakville HS
Class 30A (6) 1st: Heinke Thiessen, D15, Credit Valley HS 2nd: Margaret Laman, D11, Kingsville HS 3rd: Mary Rose, D6, Oakville HS	Class 42 (5) 1st: Lizzie Matheson, D6, Mount Hamilton HS 2nd: Lorraine Love, D6, Burlington HS 3rd: Roselea Paliwoda, D10, Minden & District HS
Class 30B (7) 1st: Mary Cameron, D6, Burlington HS 2nd: Margaret Laman, D11, Kingsville, HS 3rd: Gloria Broks, D11, North York HS	Class 42A (7) 1st: Elizabeth Schleicher, D6, Burlington HS 2nd: Lorraine Love, D6, Burlington HS 3rd: Marie Decker D6, Oakville HS
Class 31 (16) 1st: Heinke Thiessen, D15, Credit Valley HS 2nd: Lizzie Matheson, D6, Mount Hamilton HS 3rd: Roselea Paliwoda, D4, Minden & District HS	Class 43 (7) 1st: Gloria Broks, D6, North York HS 2nd: Marie Decker, D6, Oakville HS 3rd: Elizabeth Schleicher, D6, Burlington HS
Class 31A (10) 1st: Ursula Eley, D5, Beach Garden S 2nd: Elise Clement-Hollingworth, D6, Milton HS 3rd: Lizzie Matheson, D6, Mount Hamilton HS	Class 43A (6) 1st: Lorraine Love, D6, Burlington HS 2nd: Mary Cameron, D6, Burlington HS 3rd: Marie Decker, D6, Oakville HS
Class 31B (9) 1st: Shelley MacKenzie, D10, St. Thomas & District 2nd: Heinke Thiessen, D15, Credit Valley HS 3rd: Wade Pitman, D6, Oakville HS	Class 44 (6) 1st: Mary-Ann Vercammen, D5, Newmarket HS 2nd: Marie Decker, D6, Oakville HS 3rd: Elizabeth Schleicher, D6, Burlington HS
Class 31C (8) 1st: Heinke Thiessen, D15, Credit Valley HS 2nd: Mary Cameron, D6, Burlington HS 3rd: Margaret Laman, D6, Kingsville HS	Class 45 (6) 1st: 2nd: Krys Good, D6, Milton & District HS 3rd: Wendy Gay, D6, Oakville HS
Class 32 (9) 1st: Bev Parnaby, D6, Milton & District HS 2nd: Heinke Thiessen, D15, Credit Valley HS 3rd: Bev Parnaby, D6, Milton & District HS	Class 46 (2) 1st: Jacob Laman, D11, Kingsville HS 2nd: Margaret Laman, D11, Kingsville HS



## 2015 Flower Show Winners Continued

### Class 47 (4)

- 1st: Mary Cameron, D6, Burlington HS
- 2nd: Coby Osinga, D6, Haldimand HS
- 3rd: Lorraine Love, D6, Burlington HS

### Class 48 (1)

- 1st: Catherine McGill, D6, Haldimand HS

### Class 49 (1)

- 1st:
- 2nd: Mariann Van Tol, D10, London HS

### Class 50 (3)

- 1st: Heinke Thiessen, D15, Credit Valley HS
- 2nd: Heinke Thiessen, D15, Credit Valley HS
- 3rd: Eva Vestergaard, D10, London HS

### Class 51 (2)

- 1st:
- 2nd: Catherine McGill, D6, Haldimand HS
- 3rd: Margaret Laman, D11, Kingsville HS

### Class 52 (4)

- 1st: Wendy Gay, D6, Oakville HS
- 2nd: Ursula Eley, D5, Beach Garden S
- 3rd: Lorraine Love, D6, Burlington HS

### Class 53 (8)

- 1st: Elise Clement-Hollingworth, D6, Milton HS
- 2nd: Eva Vestergaard, D10, London HS
- 3rd: Elise Clement-Hollingworth, D6, Milton HS

### Class 54 (9)

- 1st: Heinke Thiessen, D15, Credit Valley HS
- 2nd: Mary Cameron, D6, Burlington HS
- 3rd: Elise Clement-Hollingworth, D6, Milton HS

### Class 55 (2)

- 1st: Wendy Gay, D6, Oakville HS
- 2nd: Bev Parnaby, D6, Milton & District HS

### Class 56 (3)

- 1st: Elise Clement-Hollingworth, D6, Milton HS
- 2nd: Don Reeder, D6, Haldimand HS
- 3rd: Diane Naiker, D6, Mount Hamilton HS

### Class 56A (2) fruit added (no other class appropriate)

- 1st: Elise Clement-Hollingworth, D6, Milton HS
- 2nd: Kryz Good, D6, Milton & District HS

### Class 57 (20)

- 1st: Jackie Riddle, D6, St. George GC
- 2nd: Marie Decker, D6, Oakville HS

### Class 58 (11)

- 1st: Diane Naiker, D6, Mount Hamilton HS
- 2nd: Eva Vestergaard, D10, London HS
- 3rd: Lynda Burke, D5, Richmond Hill HS

### Class 59 (10)

- 1st: Bev Parnaby, D6, Milton & District HS
- 2nd: Patty Carlsson, D5, Richmond Hill HS
- 3rd: Mary Cameron, D6, Burlington HS

### Class 60 (1)

- 1st: Marie Decker, D6, Oakville HS

### Class 61 (1)

- 3rd: Diane Naiker, D6, Mount Hamilton HS

### Class 62 (7)

- 1st: Jean Gordon, D7, Guelph HS
- 2nd: Mary Cameron, D6, Burlington HS
- 3rd: Elise Clement-Hollingworth, D6, Milton HS

## Special Horticulture Awards

- Best in Show: Bev Parnaby, D6, Milton & District HS
- Judges' Choice Collections: Bev Parnaby, D6, Milton HS
- Best Cut Specimen: Shelley MacKenzie, D10, St. Thomas
- Best Rose: Gloria Broks, North York HS
- Best Potted Plant: Mary Cameron, D6, Burlington HS
- Best Hosta: Ursula Eley, D5, Beach Garden Society

## Special Exhibits

### Class 63 (6/6)

- 1st: Elise Clement-Hollingworth, D6, Milton HS
- 2nd: Mary Cameron, D6, Burlington HS
- 3rd: Mary Rose, D6, Oakville HS

### Class 64 (6/6)

- 1st: Connie Bijl, D6, Burlington HS
- 2nd: Penny Stewart, D3, Gananoque HS
- 3rd: Catherine McGill, D6, Haldimand HS

### Class 65 (5/6)

- 1st: Mike Matthews, D10, Stratford 7 District
- 2nd: Marie Decker, D6, Oakville HS
- 3rd: Nancy Wilson, D6, Georgetown HS

## Special Exhibit Award

- Connie Bijl, D6, Burlington HS

## Summary

- In this show the classes that did not fill well were:
- Class 61 - Vegetables - the timing was too early for fruits and vegetables
- Section E - Succulents, Cactii, Orchids and other potted plants - there were so many other classes that exhibitors may have chosen not to bring heavy potted plants
- Class 60 - Rose Collection
- Class 51 - Saintpaulia (African Violet)
- Class 36 - Lilium
- Class 34 - *Crocsmia*
- Class 33 - *Tuberous Begonias*
- Class 19 - *Salvia* (Sage)

**District “8”  
Winners of the First Annual OHA District Convention Challenge  
Award - 2015**



WOW – what an exciting experience!!

Our fearless District Director, Sharon Nivins was waiting for us to arrive at the door of the convention with a large envelope in her hand and with a great big smile on her face stating that “she had a small job for us to do over the weekend and that it will be a lot of fun”.

We opened the envelope and to our great surprise it was sheets and I mean sheets of baby pictures and we had to match them up with the different District Directors and OHA Executive. Now come on guys, do you really believe this! Some of these photos were of babies just home from the hospital and we were to match them with some of these mature Directors and Executive. “Give us a break!”

What a way to introduce your selves to the different Directors and Executive and ask them questions about themselves as babies and young children and to get to know them. Otherwise you probably would never speak to them and would keep to your own close knit group.

We looked at the other items in this envelope and decided to split up our group into several smaller groups and gave them jobs to do and to meet back at a certain times to exchange sheets that were not finished. What a way also for you to look at everything, from vendors to exhibitors, to find those three funny animal faces (after the elephant reappeared) and turn them in only to find out they were out there again to find.

Other items in the envelope were word searches, geo-caching and a game of remembering. Every couple of hours we checked the board to see if our race horse was getting closer to the finish line and still going on the bus tours and attending all the seminars. We all felt that District 6 did an amazing job of setting up this convention with all of their great guest speakers to the coffee breaks out on the lawn to the District Directors wearing those fabulous designer hats. Our hats are off to District 6 Director Donna and her crew.

Thank you so very much for a great weekend!

District “8”

## Incoming District Directors

### Dianne Westlake, District 4



As a charter member of Norwood H.S., I served for a number of years on the board as well as President for two years. I am also a member of Peterborough and Omemee. You can never belong to too many Horticultural Societies.

In 2006 I joined the Executive of District 4 as Assistant Director as we began preparations for the annual OHA Convention, which was held in Peterborough in 2009. In 2013 in Thunder Bay, my husband, Gary and I were presented with the OHA Silver Medal. What an honour!

In April, 2015 I became District Director and look forward to continuing to work with our seventeen member groups of District 4. I am a member (and past Coordinator) of Peterborough and Area Master Gardeners and Gary and I were editors of the Master Gardeners of Ontario newsletter. We enjoy traveling to various societies to speak about various gardening subjects.

Our one-acre garden, which has been featured on a number of tours, keeps me busy throughout the growing season. I am particularly fond of heucheras, hostas and daylilies and my collections increase each year.

### Cindy Scythes, District 5

I had no idea that I was a gardener, until at 35 years of age; I moved into my first house and realized there was only grass and an overgrown juniper on the property. I found out I could actually plant things, and they would grow, whether I knew what I was doing or not. It did help a little that my spouse came from a farming family, and he knew that the soil was the crucial starting point.

I am a member of the Aurora Garden & Horticultural Society, and have held the positions of Vice President, and President, and am the current Past-President.



My professional life included experience on a provincial volunteer board of directors for nine years. I worked in Public Health for many years as a Public Health Nutritionist. As food security became more and more a focus in public health, so did growing food. For seven years, I have been part of a collaborative group in Ontario that is working on the collective impact of a strategy for food and nutrition for the province, which includes farming, gathering/hunting and urban agriculture.

### Stephen Douglas, District 10

My name is Stephen Douglas and I am the new Director for District 10 – Thames Valley which spans the counties of Elgin, Middlesex, Oxford, Perth and also includes Grand Bend. My home society is the Aylmer & District Horticultural Society, where I continue to serve as the Immediate Past-President.

I believe that effective communication is key to any programming, which is probably why I have been doing newsletters and websites for various organizations for almost twenty years. I aim to make the D10 Executive more visible and approachable to the society membership in Thames Valley. We have already provided updates to the D10 website, have started an OHA District 10 Facebook Fan page (like us!!!), and we will be sending out an email to club contacts in September with an introductory paragraph and contact information for each member of the executive. I look forward to serving as the District 10 Director over the next few years.





## Brockville and District Horticultural Society

Brockville and District Horticultural Society members joined with the local hospital on May 29 and June 5 to plant hanging baskets and planters with some of the long-term care patients. There were students there from St. Francis Xavier School who also got to learn about planting and socializing with the patients. All flowers were donated and the baskets were sold to hospital staff. Proceeds went to the Brockville General



## Welland Horticultural Society

On a very hot July 18th the Welland Horticultural Society visited four very different member gardens. To finish off the day they met at the fifth garden and enjoyed a filling potluck dinner.

The Society had a very successful year. Our Rose Show had 187 entries from 26 people. The change of date and venue was widely enjoyed. The Plant Sale had an abundance of plants and received great feedback from both volunteers and customers. These events would not have been possible if not for the hard work and dedication of our volunteers.

We are looking forward to starting our 98th year.



## 2015 Lakefield Antique + VINTAGE Sale and Flower Show

Another successful Antique + VINTAGE Sale and Flower Show was held August 7th and 8<sup>th</sup> in Lakefield. Organized by the Lakefield and District Horticultural Society, at the Lakefield-Smith Community Centre, it was a terrific success once again.

The addition of "VINTAGE" products and also a demonstration area brought more visitors through the doors. Four inspiring demos and talks on Centre Stage were held both days between 11 am – 2 pm. Guests gathered great decorating ideas, book & paper restoration tips, furniture revitalization tips, floral design ideas and more from the pros. All at no extra charge!

Also exciting this year was the addition of two sponsors to the show. The Society is very grateful for the help of CHEX TV and The Peterborough Examiner. This promotion was great to see 30 second commercials aired on CHEX TV around the news as well as other times and certainly brought more attention to the show. In addition The Peterborough Examiner ran a number of ads and published information in their community events section.

Aileen Doyle, from The New CHEX Daily TV show interviewed a number of vendors, volunteers and coordinators about the Antique + Vintage Sale and Flower show. The 6 minute segment aired the day prior to the show and has also been posted on the Horticultural Society's website and Facebook page. Ms. Doyle had a lot of fun trying on jewelry with one of the vendors and also getting tips from one of the demonstration presenters.

Antique dealers from all over Ontario brought their wares to display and sell including some new vendors with vintage items. Many dealers have been coming for years and a few have been to the show since the beginning 37 years ago. Many vendors raved about the show and said they would definitely be back next year!

There were wonderful collections of antique furniture, jewelry, silverware, tools, memorabilia, glassware, china etc. Favourite antiques of the visitors to the show include furniture, silverware and many other collectables. The jewelry displays seemed to attract a lot of attention from the ladies and the gents spent more time looking at tools, furniture and sports gear.

In addition to the antique and vintage displays, Horticultural members showed off their works of floral art. Specimen flowers, potted plants, and photographs were all part of the show. 100's of entries filled a section of the arena with colour, beauty and aroma! A testament to the hard work of the gardeners in our community! One gentleman said he has attended the show for twenty years, and especially likes the combination of the flowers with the dealers. In addition vendors entered the competition under the theme "Anything goes."

This year the floral arrangements followed an "Over The Rainbow" theme with categories such as "Red sails in the sunset," "Yellow Submarine," "Pretty in Pink or Baby Blue," "Orange Crush," and "Mr. Green Jeans." As well there was a photography section, judged by a local professional photographer for members who love to keep long-lasting memories of their flowers and gardens. The photo competition continued with the "Over the Rainbow" theme with titles such as "Red Alert," "Daydream in Blue" etc.

The Greenhouse on the River, a local greenhouse, brought wonderful plants for sale and society members offered advice. The Greenhouse had to reload the show a number of times as high quality plants were grabbed up by anxious gardeners. In a few cases the plants were bought right off the truck!

The Antique + VINTAGE Sale and Flower Show is always a huge success. It is very popular with the public, and is the Society's primary fund-raiser, allowing the organization to continue its important and sometimes-costly volunteer projects, including filling the Lakefield gardens and streets with beautiful flowers!

This Show is held in the second weekend of August at the Lakefield-Smith Community Centre! Admission is \$5.00

The Lakefield and District Horticultural Society is a non-profit group, which raises funds through its annual Antique and Flower show to beautify the Village of Lakefield and to bring speakers to monthly meetings. All regular meetings at the Marshland Centre are free and guests are always welcome.

For more information visit the Society's website at [www.lakefieldhort.org](http://www.lakefieldhort.org)

### Trillium Submission Deadlines for 2015

**Winter Issue – November 21st - 3(or 4) Season, Vegetable Gardening Theme**



## 6 CEU Technical Update for Master Gardeners

Presented by **London Middlesex Master Gardeners**

London Civic Garden Centre, 625 Springbank Drive, London, Ontario, N6K 4T1

**Sunday, October 18, 2015 8:30 AM – 4:00 PM**

**Maximum 70 participants !**

Includes: 2 snacks, lunch, 4 speakers

### Speakers:

**Tim Holley:** ISA Certified Arborist - "Current Tree Diseases, Pests and Pruning Grafted Fruit Trees"

**Dr. Jeremy McNeil:** Entomologist, Behavioural & Chemical Ecology of Insects, U.W.O. - "Beneficial, Harmful and New Varieties of Invasive Insects"

**Peter Blush:** Author, TV personality, Culinary Award Winner "Wild Edibles – Delicious or Deadly"

**Amy Turnbull:** Program Co-ordinator, Science Laboratory "Organic

Fertilizers. Camelid Manure Analysis"



Technology, Fanshawe College -

## Registration form

### Technical Update for Master Gardeners

Presented by *London Middlesex Master Gardeners*

**Sunday, October 18, 2015 8:30 AM – 4:00 PM**

London Civic Garden Centre, 625 Springbank Drive, London, Ontario, N6K 4T1

**Maximum 70 participants ! \$60.00 pp**

**Early Bird Registration on or before September 14th : \$50.00 pp**

Members of Horticultural Societies are invited to register (subject to space after September 14th)

**Please register on : [www.londonmiddlesexmastergardeners.com](http://www.londonmiddlesexmastergardeners.com)**

Payment through PayPal or **Complete form below and mail with your cheque to :**

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London Civic Garden Complex, 625 Springbank Drive  
London, Ontario  
N6K 4T1

*Please make cheques payable to: London Middlesex Master Gardeners*

Name \_\_\_\_\_

Member of: \_\_\_\_\_ Master Gardeners \_\_\_\_\_ Horticulture Society member only

Local / Branch: \_\_\_\_\_

How did you hear about this event ? \_\_\_\_\_ Through local group \_\_\_\_\_ LMMG Website

\_\_\_\_\_ Facebook \_\_\_\_\_ Twitter \_\_\_\_\_ Colleague/friend \_\_\_\_\_ Oth-

er: \_\_\_\_\_

Please note any serious food allergies we should be aware of: \_\_\_\_\_





## Napanee Library Welcomes "Jade Butterfly Ginkgo"

On June 19, 2015 on a beautiful sunny day, members of the Lennox & Addington Horticultural Society in District 3 participated in the Ontario Horticultural Association's GardenOntario Week activities. We planted a Ginkgo tree in the garden of the library on 25 River Road in Napanee.

The Town of Greater Napanee gave us permission to plant the tree of our choice. After much discussion and photographs of various options sent back and forth amongst the members, we chose a Ginkgo.

A few weeks later, Tom Bridge, who is the president of our society, was at the garden centre in Ancaster where he used to work and he picked up a Ginkgo Jade Butterfly on our behalf.

The tree is about 4 feet tall now and it will grow to about 15 feet tall. This variety of Ginkgo is vase-shaped and has a lovely gold colour in the fall. The leaves are divided in the middle and resemble butterflies, hence the name.

Before we planted the tree we placed a time capsule underneath. Inside we put one of our plant sale posters, a calendar, a coupon, and a few coins. We all signed our names on a little piece of paper so anyone digging around in the future would know who planted the tree.

It was our way of celebrating our future by planting a tree from the past.



### Fort Frances Horticultural Society



At the May meeting of the Fort Frances Horticultural Society, Edith Newman was honored on her 100<sup>th</sup> birthday. Astrid Sobkowicz presented Edith with red roses. We sang "Happy Birthday" and everyone enjoyed some special cake. As a charter member, Edith rarely misses a meeting. Moreover Edith is up on the latest information about horticulture and in the recent past she introduced this writer to straw bale gardening. Last season, she harvested her potatoes from a potato bag and this year the emphasis is on geraniums and flowers outside. She may not use her scooter quite as often as last summer but no grass grows under her feet! Thank you Edith for your example and friendship through these many years!

An 'Edith' quote:

***"If I'm happy I think everyone should be happy!"***

## Martintown & District Horticultural Society Annual Garden Party

At the Martintown & District Horticultural Society Annual Garden Party and BBQ held August 16th, 2015, commemorating the 50th anniversary of the Society, there were two special members present. John and Elizabeth Peters who were two of the founding members of the Society 50 years ago are still active members today.

L. Ginny Blair, President of Martintown & District Horticultural Society

Seated, John and Elizabeth Peters

R. Charles Freeman, Director, District #1, with the Premier of Ontario's Certificate to Martintown & District



## District 18 News

This year, we have four societies celebrating milestone anniversaries. Huntsville - 90 years; Gravenhurst - 65 years; Baysville - 50 years and Sundridge - 30 years. . Congratulations and enjoy a great year with lots of fun.

We held a logo contest this year and the winner was Margaret Terry, Gravenhurst HS, who created this logo for us to use. Congratulations Margaret.



Ontario Horticultural Association

Submitted by  
Sandra Hartill, D18 Director

## Trillium



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## DID YOU CHECK the SCHOOLYARD?

By: Peter Prakke

According the Asthma Society of Canada, Canada has one of the highest incidences of asthma in the world. Of all the school aged children between 4 and 11 years of age 15.6% have asthma. Children between 12 – 19 years of age, 11.7% have asthma. In the USA over 10 million children under the age of 18 have asthma. Shortly, the children who are affected with this incurable disease are going back to school. Instructions from parents and school councillors are given to the children. Some school districts have ‘asthma action plans’, which is commendable. Children who develop pollen-allergies are more likely to develop asthma. Most pollen-allergies are triggered by plants in the immediate proximity. In every schoolyard with shrubs and trees, are the parents/caretakers, principals and teachers aware of which plants are allergy/asthma-causing next spring? In general, the answer is no.

Thomas Ogren’s “The Allergy-Fighting Garden” is a must have new book for each school library or principal’s desk. With excellent information of over 3000 indoor and outdoor plants, this is the most informative book for allergy sufferer parents/caregivers too. What should we be looking for? The schoolboard should request the service of an arborist or horticulturist, who can supply you with a detailed list of the ‘male’ or ‘female’ shrubs or trees in the schoolyard. Male clonal trees produce and emit pollen which causes allergic asthma. Female trees capture the pollen and ‘clean’ pollen and particulates in the air. Because male plants produce no seeds they became popular and overused; since 1950, we planted mostly male trees (& shrubs) and our ‘natural urban environment’ is out of balance. We traded ‘low maintenance’ for our children’s health. The female shrubs and trees supply the songbirds with seeds and fruits and clean the air near them, but at present, there are not sufficient numbers of female shrubs and trees in any schoolyard.

In Canada’s major cities, we have 85% male & 15% female trees. In defense, most people did not know about the influence of male versus female shrubs and trees, decades ago...not until Thomas Ogren initiated OPALS™, the Ogren Plant Allergy Scale in the late 1900’s. He evaluated thousands of landscape plants with over 140 criteria such as pollen produced, how long is the plant in bloom, sex of the plant dioecious, size, shape and weight of the pollen grains etc. His findings are compiled to rank the plants 1 – 10. 1 = allergy friendly – low or no pollen count and 10 = high pollen count and very allergenic. This plant allergy scale is now internationally known and in use in many countries.

Please visit [www.safegardening.org](http://www.safegardening.org) and [www.healthyschoolyards.org](http://www.healthyschoolyards.org) for more information.

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## Ennismore Dry Stone Wall and Archway Grand Opening and Dedication Ceremony August 8<sup>th</sup>

The Ennismore and District Horticultural Society hosted a grand opening and dedication ceremony at the site of their dry stone structure. The festivities began at 11:00 a.m. on August 8<sup>th</sup> at Robinson Road and Churchill Crescent. Warden J. Murray Jones, and Mayor Mary Smith, local Selwyn Council men and women and representatives of the Horticultural Society officially opened and dedicated this new community landmark. There was also an unveiling of a memorial plaque and a potent message. John Shaw-Rimmington, world's foremost expert on Dry Stone Walling and designer of this monument, was on hand for questions and comments.



### Ennismore - Seven Trees Planted in an Hour and Ten!

Thanks to the generous donations of a back hoe, tractor, and work truck, not to mention enthusiastic volunteers, seven Japanese Lilac trees have a new home in Ennismore.

Work began promptly at 6:00 p.m. on a Thursday in late May. With temperatures still high and the air slightly muggy, the gathering of a dozen or so Ennismore and District Horticultural Society members got to work. The process was simple enough, dig hole, align tree, add composted manure and seaweed; don't forget the watering hose! The finishing touches included backfilling the hole with lots of water, rich soil and topping it all off with seasoned, dark mulch. Society members worked together with companionship and good humour, a true community coming together. Each person helping the other to ensure every detail was completed. And there you have it! Seven trees planted in just over an hour!

The Japanese Lilacs were purchased with thanks to grants from the Peterborough Horticultural Society, the Ontario Horticultural Society District Four and through the groups own fundraising.

The Ennismore Horticultural Society chose the Robert E. Young Recreation Complex as the perfect place to plant their trees because of its significance as one of the communities more active meeting places. The seven Japanese Lilacs are a beautiful addition to the recreation complex and will most certainly enhance the natural beauty of Ennismore for years to come.





## In Memory

On July 18, 2015 the Welland Horticultural Society lost Marjorie Hannah. Marjorie was a great asset to the society and served with many different positions including President and historian. She provided the society many photo albums with all her pictures, documenting garden walks and Merritt awards. Marjorie was an avid gardener and also a member of the Pelham Horticultural Society. Her presence will live on with the society's scholarship at Niagara College. She will be missed.



## New Garden in Fenelon Falls

In recent years, visitors to Fenelon Falls frequently have asked: “Where are the falls?” Invasive shrubs and weeds had taken over and viewing the falls had become difficult. Friends of Lock 34 was formed to cleanup the area around the falls. Fenelon Falls Horticultural Society joined in the project and planted a new garden during Garden Ontario Week this year. The Society received a bequest earlier in the year and was excited to use it for this purpose.

On planting day our team of gardeners and community volunteers gathered at the falls and set to work. All of the plants were purchased from Rockwood Forest Nurseries. The entire right side of the winding path to the falls has been converted to a garden with new shrubs, trees and driftwood accents. Rosebushes and indigenous trees that had grown or been planted many years before have been reclaimed along the left side of the path. The entire grounds have been transformed into a masterpiece.

What had become a walkway through brush is now a picturesque garden path with dimension and charm inviting the visitor to the water's edge. The falls and gorge can now be viewed without obstruction and the park allows for a peaceful and relaxing space to escape the busier downtown corridor. The grounds now offer ideal photography opportunities desired by residents and tourists alike.



Thanks to the creative and hardworking members of Fenelon Falls Horticultural Society and Friends of Lock 34 we have taken another step towards making our community a better place to live.

*Article adapted from  
Fenelon Falls Town  
Crier*

*thanks to Editor  
Corrie Lee*

## **The Hamilton & Burlington Rose Society**

Sunday September 13th (2:00pm Rooms #1 y #2)

Royal Botanical Gardens Centre (680 Plains Rd W, Burlington)

Speaker: Roger Tschanz on "Rough and Ready Roses".

Everyone is welcome to attend!. No Entrance/Parking fees.

More Info:hbrosesociety@sympatico.ca and Facebook.

**Helen Scutt, Agriculture Organization Specialist**

**Ontario Ministry of Agriculture and Food and the Ministry of Rural Affairs**

**1 Stone Road West, 3rd Floor SW, Guelph, ON N1G 4Y2**

**1-888-466-2372 x63115 or 519-826-3115**

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## Sudbury Horticultural Society Supports Greater Sudbury's Wild Berry Initiative

Following decades of landscape devastation from lumbering and mining, Greater Sudbury began an internationally recognized greening program in 1978. Since then, nearly ten million trees have been planted on the hillsides in an effort to restore the community's landscape. In recent years native shrubs have also been added to increase the natural biodiversity of the landscape.

In 2014, the city's greening advisory panel (VETAC) made a decision to begin bringing wild berry shrubs closer to urban areas to provide citizens with an opportunity to harvest and consume berries which have been shown to have nutraceutical properties. Dr. Stephen Monet, Manager of Environmental Planning Initiatives, approached staff of the Parks Section at the City with this idea and they were very receptive. Permission to plant berry shrubs in the more unmanaged parts of City parks will be the first step. The local First Nations communities, Ministry of the Environment, Northern Ontario School of Medicine, Agriculture Canada, and the Sudbury and District Health Unit have expressed an interest in partnering with the city on this initiative.

In support of this new environmental initiative, the Sudbury Horticultural Society has planted a large service-berry tree near the city's 'Bridge of Nations' in downtown Sudbury. Volunteers from the society have planted and maintained a small garden in that area since 1988 and it was felt that this would be a great location for a berry-producing tree. This hardy native tree (*Amelanchier grandiflora* 'Autumn Brilliance') will boast beautiful white flowers in the spring and red-orange foliage in the fall, as well as producing edible berries in the late summer.

Thanks to a grant from the Ontario Horticultural Association, Sudbury Horticultural Society fundraising efforts, and the support of Southview Greenhouse Growers, this tree was planted near John Street Park in memory of board member Steve McCall who passed away in 2014.

In early August board members gathered at the park for a brief dedication ceremony.







## Sudbury Horticultural Society's Gardening Blitz at Maison Vale Hospice

Maison Vale Hospice is a palliative care facility in Greater Sudbury located on a two acre site on the shores of Bethel Lake near Laurentian University. *The Hospice helps individuals and their families realize their full potential to live even when they are dying, by attending to their physical, psycho-social, spiritual, and practical needs, in the location of their choice.*"

For the OHA convention that was held in Sudbury in 2011, delegates from across the province created picket fences that were donated to this facility. Each year, those small fences are displayed throughout the beautiful gardens that fill the grounds of the hospice to help brighten the final days for residents and their families. Three teams of community volunteers plant and maintain the extensive gardens along with staff from the Hospice. Several members of the Sudbury Horticultural Society and Sudbury Master Gardeners are heavily involved in this important gardening initiative.

During OHA's Gardening Week celebrations in June, additional volunteers from the Society joined the gardening teams to weed and mulch the flowerbeds in preparation for the 2015 gardening season. The staff of the Hospice provided a picnic lunch in appreciation of this much-needed additional support provided by the enthusiastic group.

## Oro-Medonte Horticultural Society Honours Pat Bell

Pat Bell has been the youth leader of W. R. Best School for 15 years. At the May meeting, she was recognized by our society for her dedicated work. Ann Arksey, Former Principal, Gloria Greaves, (current helper) and Neil Craig, (past helper) also spoke, praising Pat for her accomplishments. She is also being recognized by the OHA for her work and will accept the Ontario Horticultural Association Youth Leader Award at the Ancaster Convention in July.



*From left - Judy Kurtz, Gloria Greaves, Pat Bell, Neil Craig, Ann Arksey*

## Therapeutic Garden in Aurora

A partnership in gardening is blooming spectacularly at a therapeutic garden for seniors in Aurora. CHATS (Community & Home Assistance to Seniors) is a not-for-profit charitable organization, launched in 1980 by a caring group of community members who believed in enhancing the independence of seniors living at home. For their adult day program, a therapeutic garden was suggested by a social enterprise project aimed at providing therapeutic horticulture, floral design and landscape design.

Through the New Horizons grant program, CHATS received funding in 2014 which saw the creation of a deck, seating, and pergola, all erected to be fully accessible. Local woodworking experts built several flower boxes for the garden including two boxes made for growing herbs and vegetables, which are also accessible.

Members of the Aurora Garden & Horticultural Society (AGHS) were instrumental in providing perennial plants, spreading mulch, planting, and providing tools, bird feeders, a birdbath and umbrellas for shade.

The garden has been enjoyed by CHATS clients and is becoming a bit of a showpiece thanks in part to the great support from the AGHS.



### Oshawa Garden Club's Ann Couch

One thing for sure, Ann has an infectious energy and likes to be busy, productive and involved. Over 25 years ago Sandy R. introduced her to the Oshawa Garden Club and she has been active as a club member and volunteer ever since. Over the years Ann took part in the club's "Brick by Brick" Park project, numerous city plantings, nominating and judging for "Communities in Bloom", tree plantings, making potpourri with flowers from members gardens as a fundraiser, overseeing and creating the Oshawa Garden Club floats for the Oshawa Folk Arts Council Fiesta Week parades, volunteering with the peony festival, school plantings and plant sales. Ann was also on the planning committees for the OGC 75<sup>th</sup> Anniversary (gazebo at the peony garden) and recently the OGC hosted District 17 AGM in 2013. Ann has also served on the Board of Directors. Since joining the OGC Ann has participated in almost all the District 17 AGMs, winning numerous ribbons and awards for her photographs, floral designs and houseplant/garden specimens.

To Ann, gardening is much more than just beautiful plants, it is therapeutic. As a child she was ill and frequently confined indoors and later appreciated how gardening, plants, flowers and nature, in general could be restorative. When she was an RN she found this especially true for those with palliative, physical and mental illnesses and for the families coping with these challenges. Among the many courses to her credit she also focused on Horticultural Therapy and became a member of the Canadian Horticultural Therapy Association. This led to her involvement with a project between Parkwood Estates, Lakeridge Health

Oshawa and the Oshawa Garden Club providing therapy to patients recovering from stroke related disabilities. When this project concluded in January 2012, Ann approached the OGC Board of Directors and received permission to contact some other area facilities hence Therapeutic Gardening was started at Hillsdale Estates, a long term care home in Oshawa.

Ann would very much like to see the OGC involved with school-age children to foster a love of nature and gardens. She sees a great potential to influence students to become active gardeners, to know where their food comes from, and to appreciate nature and the benefits it provides. Possibly they would then become active in local garden clubs.

Ann loves to travel and explore with her husband Don, especially eco tours involving hiking, scuba diving and kayaking and of course taking photos of the flora and fauna along the way. They have 5 grandchildren, all busy and involved so Ann's gardens are becoming more natural and eclectic in tune with the beautiful creek valley setting of their very welcoming home.





# Oshawa Garden Club Therapeutic Gardening

## Horticultural Therapy

Horticultural Therapy is a recognized form of therapy for many special populations - the elderly, children, the sick, people in prison, the mentally ill and those with addictions. The horticultural therapist can work with an inter-disciplinary treatment team which can consist of a general practitioner or psychiatrist, social worker, nurse, occupational and recreation therapist, psychologist and program assistant. What makes horticultural therapy unique is that it uses living material, requiring nurturing and care, in its programs. This therapy uses plants, gardens and the natural landscape to improve cognitive, physical, social, emotional and spiritual well-being.

The Oshawa Garden Club Therapeutic Gardening Project presently consists of 17 very dedicated volunteers. They meet with the residents at Hillsdale Estates long term care facility in Oshawa once a month from January to November. The goal is to encourage them to socialize and have fun in a safe, comfortable atmosphere while using their sense of Sight, Smell, Touch, and Taste if permitted. This is accomplished using various textures and aromas of plants like herbs, grasses, succulents, veggies, fresh flowers, evergreens, shrub cuttings etc. They use various containers of glass, clay, metal, plastic, ceramic and pumpkins. The mediums are soil, sand, small stones, water or oasis. Decorative picks, ribbons, mosses are also used. Over the past 3 years the number of participants has almost tripled and is currently at the maximum.

### *The objectives of the project are as follows:*

1. The mixing of soil allows the resident to experience the texture of the soil which promotes a range of motor and sensory stimulation.
2. If a resident spoons the correct amount of soil into the empty pot then places the root ball into the pot with the appropriate amount of soil added, this will indicate good thought process and completion of a multi-stage procedure. Some residents may need assistance with these tasks.
3. Specific plant varieties offer different textures, shapes, fragrances and colours to help stimulate awareness and creativity. Containers and plants are often contrasting colours.
4. The residents choose specific plants, containers and accessories to create a more complex task.
5. The use of containers, plants and accessories with seasonal themes provides a sense of reality by connecting an awareness of time and seasonal event.
6. When residents water their projects, this provides needed exercise for joints and muscles.
7. Working in a group setting provides interaction through sharing materials and tools to complete a project and compare their creations.
8. The residents take their beautiful projects back to their rooms which promotes pride and accomplishment with a finished project.
9. The residents are photographed with their projects and these photos are displayed on a “bragging frame” in the activity room for all to admire. The residents and their families are also provided with some of these photos.

Each year the residents fill large patio containers for their balcony sitting area. The OGC provided 5 large self-watering containers for this project and the volunteers provide plants, seedlings and rooted cuttings from their own gardens.

### Other considerations:

Plants and all materials must be non toxic and safe to handle. Photos of the residents are only displayed within the facility and identifying photos of the residents are NEVER used by the Oshawa Garden Club or the volunteers. Any photos displayed outside the facility only contain their projects with or without the hands of the residents. This of course protects their privacy.

**Reference Materials:** *Horticulture as Therapy* by Mitchell L. Hewson





## North York Garden Club

### Tour of the Humber Arboretum

On Sunday June 28th, we started our guided tour at the Humber Arboretum's striking Centre for Urban Ecology. The Centre is a two story, glazed glass box set into a hill. It is one of the first Toronto buildings to achieve Gold level LEED (Leadership in Energy and Environmental Design) certification. The Centre demonstrates a variety of green building techniques from passive heating and cooling to high tech systems that can help preserve our natural environment. It also has educational interactive displays on sustainability.

Next we toured the botanical gardens managed by the Humber College's arborists. We saw a variety of small attractive gardens in different styles and settings ranging from sunny slopes to shady stream beds. Many of the plants were native. However there were also exotics. An interesting naturalized plant was the mallow growing in a marsh next to a pond. The mallow started in Africa and moved through Europe to North America because of its medicinal properties and the use of its root to make tasty treats like marshmallows. Other fascinating foreigners were the giant Japanese hostas filling a dry stream bed.



During the last stage of our tour, our guide led us along some of the six kilometres of walking trails through the Carolinian forest in the Arboretum. Although the Carolinian forest is small compared to other Canadian ecosystems, it has a greater number of both plant and animal species than any other ecosystem in Canada. We learned about the trees and other plants of the Carolinian forest and how they respond to natural events like fire and growth of the tree canopy as well as other challenges like climate change, disease and invasive plants such as dog strangling vine.



### Therapeutic Tidbits

There are so many well known plants that provide therapeutic benefits. Here is a very short list of some of them.

**Basil** can treat cuts, scrapes and stomach gas.

**Fenugreek Seeds** can treat inflammations, digestion issues and can refresh breath.

**Ginseng** roots can be used to treat nervous disorders, Increase the metabolism rate and improve diet.

**Lemon Balm** flowers can be rubbed on the skin for mosquito bites and sores.

**Marigolds** used externally for insect bites, wounds and stings

**Peppermint** leaves can be used to treat upset stomach, fever and flatulence.

**Sage** can treat skin infection, helps digestion and gum/mouth infections.

**Tea Tree** has benefits like antibacterial, anti fungal and works as antiseptic for burns, fever, athlete foot.

**Thyme** can be used for the treatment of congestion, stomach gas and coughs.

***NOTE: this list is for information only and by no means complete - Bernice***



## Marimiton Gala

On Friday morning, June 5, 2015, two Horticulture Societies got together to create 22 flower centre pieces for the Barrie Marimiton Gala held in Collingwood at the Westin Hotel June 4 to 7, 2015. Le Marimiton Barrie is a cooking group of men who meet about 8 times during the year at Georgian College, Barrie Campus. These men invite a local Chef who prepares a 5 course menu (with recipes) and a sommelier, who pares wine to each course. It was the Barrie's Chapter's turn to host the International event. There were over 260 in attendance.

The Collingwood Society, President, Jane McCabe, and the Oro-Medonte Society, President, Judy Kurtz, agreed to make the flower arrangements at Jane's house, under the tutelage of Aira Kaduc, and Cheryl Underdown. Barbara Collinson was our coordinator, and Tom Kurtz our photographer.

What fun we had! We turned the "creating" into an international event by inviting Joanne Brown, a flower arranger from Atlanta, Georgia, to join us. These centre pieces were in a 4"X4" glass vase, sitting on a 12" mirror, surrounded with three 2" votive candles, all on a white floor length table cloth. They were stunning!

Enclosed is a picture of the final arrangement, and a picture of the participants.

From left to right the names are:

Barbara Collinson, Jane McCabe, President of Collingwood Society, Aira Kaduc, Judy Kurtz, President of Oro-Medonte Society, Joanne Brown, from Atlanta, Georgia, Cheryl Underdown, and Shirley McCavour.



## Orillia Horticultural Society

The attached picture is of some of the members of the Orillia Horticultural Society in Couchiching Beach Park - Wednesday June 17, 2015. We wanted to help the city with replacing some of the trees that were destroyed in a bad storm last summer.

The Orillia Horticultural Society donated a Kentucky Coffee tree to the City of Orillia to be planted in Couchiching Beach Park. It was placed in the Memorial Garden with two other unusual trees. Pictured are some members of the club with Pat Hehn Councillor for the City of Orillia and Rob Jackson, City Arborist as well as Rob another Parks and Rec staff member. The Kentucky



Coffee tree is not native to our area but is hardy in our zone. We have a mature one in our Arboretum and are not sure when it was planted.





## Ontario Horticultural Association Memorial Book

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\_\_\_\_\_ Postal Code: \_\_\_\_\_

Name of Deceased: \_\_\_\_\_ Year Deceased: \_\_\_\_\_

District No. (if applicable) \_\_\_\_\_

If you wish a family member to be notified, please complete the following:

Circle title: Mr. Mrs. Ms. Miss Other:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_ Postal Code: \_\_\_\_\_

Relationship to Deceased Person: \_\_\_\_\_

Mail with your monetary donation (minimum donation is \$25/name) to:

**Ontario Horticultural Association**  
c/o Marilyn Cox  
86 Church Street  
R.R. #2, Keswick, ON L4P 3E9

For information, call 905-476-3000 or email: [inmemoriam@gardenontario.org](mailto:inmemoriam@gardenontario.org)

Funds from donations to the OHA Memorial Book Special Fund are available for Memorial Tree Grants.

**NOTE:** *Do you wish to have the deceased person's name acknowledged at the convention?*

Circle your preference: Yes No

### Convention Acknowledgement

If you wish to have the deceased person's name acknowledged at the convention, no monetary donation is required.

Please notify Kelly Taylor, OHA Secretary by email: [secretary@gardenontario.org](mailto:secretary@gardenontario.org) with the name and District No. (if applicable)

August 2013