

# Flamborough Horticultural Society



October 2022 Newsletter

## President's Message

Greetings Members

On behalf of the Board I wish a warm welcome to six new members, Lynn McArthur, Effie Keller, Verna Scovell, Patricia Selinger and Cindy and Angela Saunders. You have joined a great group of gardeners.

Our Annual General Meeting and Awards will take place Wednesday November 16 before the speaker presentation. All positions will be considered open to anyone. See the last page of this newsletter for openings and contact the Nominating Committee for your commitment to volunteer.

We need two volunteers for the role of Director. The roles are supported by the board and are not onerous. The Society is only as strong as its volunteers to help spread the tasks so please consider volunteering. For anyone wanting information about the roles please email me.

Here is the link to volunteer a time for the booth at the Mum show. Volunteering gets you in free to see Mums in Space.

Ann Cochren, Trudy Bliedung and I will be there anyway on Friday, Oct. 14 for the Trillium Awards. You can view this sign up sheet and then send in your preferred time slot to Sandi Remedios. Her email is at the top of the sign-up sheet.

<https://docs.google.com/spreadsheets/d/1GdsECaorKNJLdidLAJ27bhx6cD-Xx0Y5/edit?usp=sharing&oid=101321928041759280347&rtpof=true&sd=true>

Mt. Hamilton Garden Club did a great job hosting the District 6 Fall Breakfast. Nancy Lee-Colibaba spoke about Horticultural Therapy. Cat McGill from Haldimand won the Share the Wealth (over \$300) and there were lots of other great prizes.

Thankyou to some of our members who attended. We are part of the big family of District 6. To learn more about the District see [OHA Garden Clubs and Societies in Ontario » GardenOntario](#).

Best wishes Susan MacMillan

## Announcements

### Meeting and Speaker Information

**Date:** Wed., Oct. 19 2022

Time: 7:30 pm

Meet and greet: 7:00pm

**Speaker:** Kirsten McCarthy

Topic: mycorrhizal fungi.

**Location:** St. Thomas the Apostle  
Church Parish Hall 715 Centre Rd,  
Waterdown

**Flower Show:** Autumn Splendour:  
Decorate a Pumpkin using natural  
materials.

Read the latest Ontario Horticultural Society news and the summer 2022 edition of The Trillium. Deadline for Trillium submissions is Dec 1.

[Garden Ontario](#)

[OHA Garden Ontario Fundraiser](#)

[Trillium Newsletter Archives](#)

### Horticultural Society Upcoming Events

Nov. 12: District 6 Dinner hosted by Haldimand Horticultural Society.

[District 6 Dinner](#) Come out for a fun evening \$40 for the dinner e-transfer to [ohadistrict6treasurer@gmail.com](mailto:ohadistrict6treasurer@gmail.com)

Fall Lecture Series at Connon Nurseries

<https://connon.ca/promotion-and-events/>

## September Flower Show

Congratulations to our winners: First place - Martha Novaselac (center), Second place- Ann Cochren (right) Third place - Mary Blake (left)



## When to Plant Fall Bulbs?

The best time to plant fall bulbs is when soils are below 60°F in the late fall or about 6 weeks before a hard frost is expected (late September to early October in our zone). Bulbs can also be planted in individual holes. Dig a hole and sprinkle a tablespoon of a high phosphorous (middle number) fertilizer (specialized bulb boost fertilizers can also be purchased) in the bottom of the hole. Place the bulb in the hole with the pointed end up.

Cover the bulb with soil and water thoroughly. A 2 inch layer of mulch on top of the bed will help prevent winter weeds, retain moisture and insulate against severe winter cold and temperature fluctuations. I also rake leaves onto my beds with bulbs which also camouflages evidence of disturbed soil which attracts squirrels!

## Bulbs Avoided by Squirrels:

Daffodils, Fritillaria, Hyacinths, Alliums, Siberian Iris, Chionodoxa (Glory of the Snow), muscari, and snowdrops

Read more: [Ultimate Guide to Fall Bulbs](#)  
[Guide to Planting Fall Bulbs](#)

## Native GoldenRods

Presently the countryside is awash with the distinct yellow flush of goldenrod blooms, most of them being the familiar common Canada Goldenrod (*Solidago canadensis* L). Beware of planting this variety as they spread aggressively. There are several more “well behaved” native species to consider:

Zigzag Goldenrod (*Solidago flexicaulis*)

Bluestem Goldenrod (*Solidago caesia*)

Stiff Goldenrod (*Solidago rigida*)

Upland White Goldenrod, (*Solidago ptarmicoides*)

Grass-leaved Goldenrod (*Euthamia graminifolia*)

Showy Goldenrod (*Solidago speciosa*)

Gray Goldenrod (*Solidago nemoralis*)

Riddell's goldenrod (*Solidago riddellii*)

A few of these like Bluestem and Zigzag are also shade tolerant. Read more here: [Native Goldenrods for Gardens](#)

**Did You Know?** Pumpkins are related to cucumbers, melons and luffas. Like all of the above, pumpkins and squash are members of the gourd family, and are technically fruits, rather than vegetables.

## Hamilton Fall Garden and Mum Show Oct 14-Oct 23 Gage Park

**Greenhouse** The Chrysanthemum Show is an amazing floral display created by some of Hamilton’s finest horticulture staff. The display is a breathtaking feature of over 200 varieties of Chrysanthemums, and more than 100,000 blooms and has a different theme each year. Read more information here:

[Mum Show](#)

## Consider Planting Gray Headed Coneflower



A medium-height (grows on average about a metre tall) plant with characteristically droopy petals, grey-headed coneflower (*Ratibida pinnata*) provides a cheerful splash of colour in the mid-late summer garden. This native tallgrass prairie plant is found along roads, and wood edges; it thrives in full to part-sun and is tolerant of drought conditions and poor soil. In the garden, the grey-headed coneflower’s height lends itself well to borders, but for maximum impact — for both wildlife and

aesthetics — try a mass planting for a truly eye-catching display.

True to its name, as the seed head matures, the colour slowly changes from grey to a deep, chocolatey brown. Grey-headed coneflower's sunny yellow petals will attract the attention of pollinators such as native bees, wasps, flies and butterflies, while birds will eat the plant's seeds.

## Fall Flowering Plants for Butterflies

Consider having these plants in your garden: Joe Pye Weed, Verbena, Sedum, garden mum, aster, fireworks goldenrod\* (see next article) Note that verbena is NOT a perennial in our zone.

Read more here:

[Fall Plants That Butterflies Love](#)

## Black Maple *Acer nigrum*, *Acer saccharum* var. *nigrum*



The Black Maple is only found in southern Ontario and a tiny portion of southwestern Quebec. It is considered by some to be a subspecies of the Sugar

Maple due to its similar characteristics. The leaves are similar to sugar maple. The sap of black maples is quite sweet and they are tapped for maple syrup production along with the more common sugar maples. In an urban environment, the black maple thrives. While the sugar maple prefers clay or loam soil, the black maple is much less particular, and can be planted anywhere from sand to clay. It can handle moist to dry soils with ease, and grows naturally both around streams and on floodplains. And here's another interesting fact: the black maple's flowers are yellow in colour and appear in early spring attracting ground nesting bees. In the fall, the black maple's leaves turn a brilliant yellow-orange colour whereas the sugar maple's are an orange to red gradient.

## October Garden Tasks

- Transplant shrubs or young trees to new locations.
- Cut diseased areas out of perennials. Do not compost.
- Remove dead annuals from the garden, after a frost.
- Continue watering trees and shrubs until the ground freezes.
- Dig up tender bulbs such as dahlia, canna and gladiola. Wrap them in moist material and store in a cool, dark space.
- Cut back perennial foliage to discourage overwintering pests. Leave flowers with seeds for the birds.
- Remove all vegetable plants and fallen fruit.
- Plant garlic cloves, adding protective mulch
- Use fallen leaves to cover flower and vegetable beds.

## Horticultural Terms:

**Xeriscaping:** To create a low maintenance landscape with native plants (with a focus on choosing drought resistant plants) and small or non-existent areas of turf grass. One of the primary goals of xeriscaping is to reduce landscape water use.

**Succulents:** Plants that have the capacity to store water in leaves that contain thick fleshy tissues adapted to water storage. Some succulents (e.g., cacti) store water only in their stems, whereas others (e.g., agaves) store water mainly in their leaves.

**In Memoriam:** Mary Shonbeck



Sadly Mary passed away on September 19, 2022. Her late husband Fred was past President and Mary was a long time member of our society as well. An avid photographer she took many photos of members and events over the years. Mary was the 'Founding President' of the Freelton Chapter of IODE. Mary was a member and active volunteer often along with Fred in the Freelton United Church, Flamborough Horticultural Society, Bruce Trail, Iroquoia Section and at both the Provincial and National IODE Chapters. A Celebration of Mary's Life will be announced at a later date. Link to Obituary:

[Mary Shonbeck](#)

## Bringing Houseplants Indoors

This is the ideal time to re-pot tropical plants prior to bringing them indoors, leaving the mess outdoors!

Once the temperatures outside reach 50 degrees F. (10 C.) or less at night, your houseplant must begin the process to come back into the house. Most houseplants cannot tolerate temperatures below 45 degrees F. (7 C). Some plants may experience shock, wilting, and leaf loss when first brought indoors, but most recover quickly.

## What Is a Frost, Exactly?

"Frost" refers to the layer of ice crystals that form when water vapour on plant matter condenses and freezes without first becoming dew. Many vegetables such as beets, cabbage, cauliflower, broccoli, carrots, parsnips, kale, apples, pansies, sedums, nemesia and snapdragons can survive light frosts. Covering plants will aid in having them survive frosts but only if the temperatures drop a few degrees below freezing.

- A **light frost** occurs when the nighttime temperature drops to at or just below **32°F (0°C)**.
- A **hard freeze** is a period of at least four consecutive hours of air temperatures that are below **28°F (-2°C)**.

## Growing Herbs Indoors

Now is the time to start herbs indoors from seeds! Because of the reduced light levels indoors, herbs that grow well in partial sun outdoors are the best options to grow indoors, but they will still require bright light and preferably a sunny window! For best results plant, parsley, basil, oregano, thyme and chives. Of these basil needs the most light.

**Connon Nurseries** and Terry Vanderkruk are great supporters of our society. Please show your appreciation by shopping at Connon Nurseries 905-689-7433

[Connon Nurseries](#)

**Wild Birds Unlimited** offers a 10% discount on products you buy when you mention that you are a Horticultural Society member.

[Wild Birds Unlimited](#)

### **How to Reach Us :**

Please email your comments, suggestions, corrections or submissions. If you wish to submit an article, questions or tips, contact:

[flamhort@hotmail.com](mailto:flamhort@hotmail.com)

PO Box 902 Waterdown ON L0R 2H0

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## **MISSION**

*The mission of the Flamborough Horticultural Society is to encourage interest and involvement in horticulture through civic improvement, preservation, exhibitions, the distribution of plant materials and regular instruction pertaining to the theory and practice of horticulture.*

## **Directors for 2020/21**

President – Susan MacMillan

Past Co-President - Tina Coverly

Past Co-President - Trudy Bliedung

Vice President - **Open**

Treasurer - Trudy Bliedung

Recording Secretary - Tessa Morris

Publicity - Shared by VP and President

Facebook Admin. - Liz Visentin

Newsletter Editor - Liz Visentin

Flower Show and Trillium Judging Liaison-  
Ann Cochren

## **Committee Chairpersons**

Bus Tour – Open

Caring - Open

Nominating Committee - Trudy Bliedung,  
Tina Coverly

Civic Improvement – Jan Bignell

Communications Copywriter –  
Jennifer Godyn

Garden Walk – Open

Meeting Hospitality – Ann Williams

Membership – Janet Waterfall

OHA Website Monitor – Phil Longstaff

Spring Plant Sale –

Connie Godyn & Roxanne Riley

Sign Standardization – Ann Cochren

Speakers and Programs – Connie Godyn  
& Roxanne Riley

*Autumn is a second spring  
when every leaf is a flower.*

Albert Camus