



Garden Beet



Ennismore
Garden Club
Spring 2020

MARCH

Note from Our President

by Ethel Shackleton

Hi, Ethel Shackleton here. I am the new President of the Ennismore Garden Club. I have lived my whole life on a farm, so I am very use to getting my hands dirty!

As you all know, I have very large shoes to fill following Helen Young's leadership but thank goodness she is close by and so generous to give me a hand when needed.

To our new members, we would like to extend a big WELCOME. I am sure our returning members will make you feel welcome. Our annual membership fee is only \$20 per person or \$25 per family. We have an exciting year planned.

The Ennismore Garden Club's BIG project for 2020 will be the erection of the Veteran's Monument to be placed near the library. Kudos to the sub-committee for the hundreds of hours of research that was put into the proposal and then submitting it to the Veteran's Affairs. We received the maximum grant available because of the competency of that proposal!

The 2020 line up of the monthly speakers is stellar as well as a nice road trip planned in July to visit the Quinte Botanical Gardens in Frankford. On Saturday, May 23rd we will be holding our Annual Spring Plant Sale. This sale is the major fund raiser for our Club. It is always a fun morning of work and laughter.

One of the most delightful things about a garden is the anticipation it provides. Last fall, our members planted 1,000 tulip and daffodil bulbs in our Club's gardens, along with 75 Orange Liberation Tulips at the Ennismore Hamlet flower bed. My anticipation for spring to arrive could not be greater than awaiting to see these new blooms!

Looking forward to seeing you at our first meeting Thursday, March 19th.

Cheers,
Ethel Shackleton

Meetings start at 7:00pm with Social Time at 6:30pm.
Optimist Club Hall located below the Ennismore Library.

Upcoming Events



March 19 - Quinte Botanical Gardens: The Development of our Public Gardens - 6 acres of unique garden themes open now for their third year.

April 16 - Lois Scott - Master Gardener, Peterborough: Pruning Basics, discussion and presentation of when to prune, how to prune, why to prune, tools needed and resources.

May 21 - Anna Leggatt - Rock Gardens: A rock garden is a small plot of ground designed to feature a variety of rocks, stones or boulders with small gaps in between for small plants, trees and shrubs.

June 18 - Heather Ray from Green Up Peterborough - Rain Gardens: A garden that lies below the level of its surroundings, designed to absorb rainwater that runs off of a surface such as a patio or roof. Rain gardens provide a method to reuse and optimize any rain that falls, reducing the need for additional irrigation.

July 18 - Saturday afternoon trip (carpooling) to the Quinte Botanical Gardens – Frankfort: A privately owned botanical garden that offers insight to the world of plants. Connect with nature, learn about horticulture or journey through the gardens at your own pace. Some of the gardens include a Bee, Bird and Butterfly Garden, an Oriental Garden and a Romantic Garden.

September 17 - Gladys Fowler - Square Foot Gardening: A simple method of creating small, orderly and productive kitchen vegetable gardens, with little or no weeding and consistent results.

October 15 - Kenneth Brown - 3+1 Tenors: Ken has presented at Canada Blooms and it is our pleasure to have him in Ennismore. He is humorous and it's a delight to hear about his "Dallying in the Dirt" escapades. This presentation tonight is: Iris, Peony, Daylily and Lily, the four power perennials that should be the backbone of any garden.

November AGM: Pot Luck Christmas Supper 6 PM being held at the Ennismore Arena, upstairs. Stephanie Kidd - Hugelkultur Gardening - a Horticultural technique where a mounded construction from decaying wood debris or other compostable plants are later planted as a raised bed.

EDHS Membership Report, March 2020

By Paul and Margaret Bessey

We look forward to renewing many memberships at the first meeting this year on March 19.

With the renewals that have come in so far and 5 new members, the Ennismore Garden Club has 43 paid-up memberships to-date. The final count for last year was well over 100 and approaching 150. We first heard of the Garden Club through our neighbours. Word of mouth is still a great way to let people know about the Garden Club!

Membership fees can be paid at a meeting or to one of the members of the board of directors, or sent to:

Ennismore Garden Club
Ennismore Post Office
816 Tara Road
Ennismore, ON
K0L 1T0.

Fees remain the same at \$20.00 per person or \$25.00 per couple/family.

Paul and Margaret Bessey, Membership Team

The Ennismore Library Seed Library

By Sandi Deslauriers

Need a Seed, Leave a Seed at the Ennismore Public Library

Originally created by the Ennismore Garden Sprouts, a youth group of the Ennismore Garden Society.

This project is designed to encourage community members to grow their own flowers and fresh food, promote healthy eating and increase awareness of self-sustaining gardens.

Stop by the Ennismore Branch of the Selwyn Library to pick up your seeds, pick up some great resources and start growing! If you have extra seeds at home, share them with fellow community members by leaving them with the display in a sealed and labelled envelope.

We ask that you please harvest new seeds at the end of the growing season and then return them to the library, so that they are ready to borrow next season. Together we can take this step towards preserving and promoting community sustainability and beauty!



Gardens 2019

By Cindy Sweeting



Every spring we look forward to the show put on by the bulbs we planted in the fall and they didn't disappoint with a great show of Tulips and Daffodils. We kept it simpler last year with a lot of Bubblegum Petunias for our main annual and they spread like crazy. So much pink!

We have been planting more shrubs to keep the watering and maintenance not so time consuming. A big "Thank You" to all the Volunteers who helped water and weed. We put the flower beds to bed October 23rd and planted more bulbs for next year. So, wait for another great show of colour in the spring.

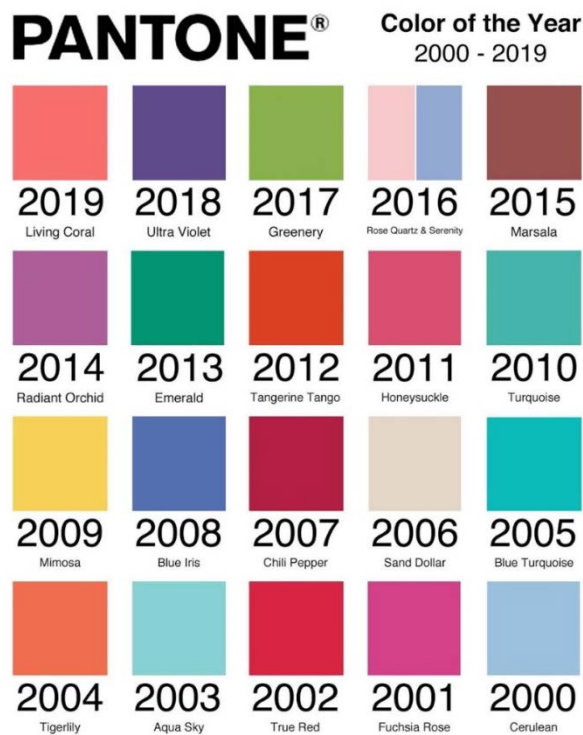
A big "Shout Out" to Diann for taking over for me when I've been ill.

Colour of the Year

By Gail Murrery/Smith

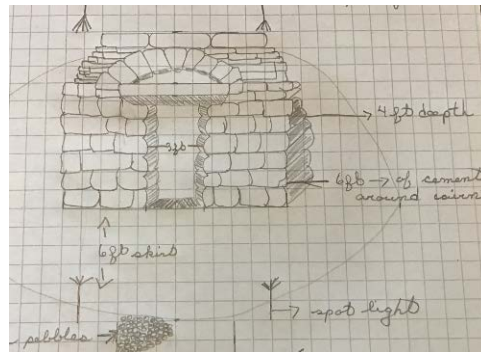
For 20 years now, colour experts at Pantone Colour Institute have been choosing a "colour of the Year". The 2020 Pantone colour of the year is "Classic Blue". Classic blue is described as having a reassuring presence instilling calm, confidence and connection. It is suggestive of the sky at dusk, a stable colour bringing a sense of peace and tranquillity.

This colour blue will be popping up all year in homes, industry, the runway and business. While blue is a rather rare flower colour we can always use garden art to bring this "classic blue" to our gardens.



Cairn Report

By Helen Young



We are pleased and excited to report that we recently received confirmation that we have been approved for funding from Veterans Affairs Canada for our proposed Monument.

It is our desire to recognize our Ennismore Veterans as well as the service men and women who are currently serving our country. It will be called the Ennismore Military Commemorative Monument and situated in the Robert E Young Complex at the lower level of the Library. John Shaw Rimmington, who designed our stone wall and arch and the stone tree, will be designing the structure.

Following that, there will be considerable cement work to create an apron around the monument and a sidewalk leading to the path that enters the Optimist Hall where are meetings are held. Lighting will be installed and a new flagpole. Once more Jeff Parnell and Don Young are donating the stone and aggregate products. We hope to start in June 2020 and be finished by December 2020. The Cairn Subcommittee including Gail Murray Smith, Pat Sinka (Secretary) Debbie Smith, Mary Clair Moher and myself are preparing for a busy summer.

We feel the monument will be very visible and accessible in this location and will garner the attention of the community at large.

Memorial Forest

By Mary Lou Young

The Memorial Forest is situated inside the Ennismore Waterfront Park on Ennis Road. The Park is well-used in the winter, with trails, playground equipment and water access. With all the snow that we have had, the Park has sprouted snow forts, snow angels and whatever your imagination can think to do with that white stuff!

The Memorial Forest seems to be wintering well and with all the snow we have had and should be off to a good start in the Spring. There is a lovely stone bench to sit and relax on in the Forest. Come out and enjoy the quiet, watch for birds and see how the winter landscape will soon be changing once the warmer weather comes back. For more information you can call Mary Lou Young at 705-292-7335.





Forest Bathing – What in the World is Forest Bathing?

By Gail Murray/Smith

Shinrin Yoku - is the Japanese word meaning Forest Bathing. The practice originated in Japan and it is basically taking in the Forest through our senses.

Forest Bathing is the international practice of connecting with nature and surrounding yourself with the energy of the natural world. The sound of the Forest, the scent of the trees, the sunshine or rain playing off the leaves and the clean air are all part of Forest bathing

No phones, no cameras, just let nature enter through your eyes, ears, nose, mouth, hands and feet. Studies have shown Forest Bathing reduces stress, improves feelings of happiness, increases creativity, lowers blood pressure and heart rate, boosts the immune system and accelerates recovery from illness.

There are many designated forest bathing sites in Ontario, Credit Valley, Blue Mountain, Provincial parks, Halton and Hamilton to name just a few. There are even Forest Bathing certificates, diplomas and guide training.

I think Gardeners already know all the benefits of nature but when 80% of Canadians live in urban areas you can see why new day trips, vacations and prescriptions will include Forest Bathing.

Check out Forest bathing on the internet, just tons of info.

March 21st is the International Day of the Forests.

LET'S TAKE A WALK IN THE WOODS!

Recycling and Garbage Update

By Bill Brouwer

This year, 2020, the township of Selwyn is making changes to our garbage and recycling pickups. In this year's property tax letters, you should have received a "Yellow" card with the information explaining the details/rules re: pickup for garbage and recycling. You can call Peterborough County Environmental Services at 705-775-2737 ext. 0 for additional information or clarification.

Below is my understanding of their rules.

GARBAGE INFORMATION:

The township is launching a soft (i.e. an introduction period) start, beginning on March 1, 2020, to their "Clear Bag Program". This is to ensure that NO recyclables go to the landfill.

This soft start ends on September 1, 2021. After September 1st, your garbage will not be picked up if not bagged properly. That is, the garbage you put out will no longer be picked up, if you are using opaque, coloured bags.

If your garbage was not picked up, the garbageman will tag your garbage bag/container with an explanation of where you erred. Bags must be clear and see-through. This ensures that the garbageman will be able to quickly view that there are no recyclables in your garbage.

If you use a liner for your garbage pail, this too must be of clear plastic. However, you do not have to line your garbage pail/container.

You can use one (1) opaque bag (the size of a grocery bag) contained within your garbage. I have not found any details as to what you can or cannot put in this opaque bag.

Garbage pails/containers cannot exceed 30 pounds each. You can put out up to 2 bags per week.

Kitchen scraps should be composted and are not considered garbage. I have not seen any data as how the township plans to deal with this problem.

You can purchase compost bins at the Township of Selwyn municipal office.

RECYCLING INFORMATION:

Your household recycling must be sorted. You are allowed two (2) blue boxes. One for containers and one for paper materials.

Bags are not permitted to be used as a recycling container. Recycling cannot be put in the garbage.

You can buy recycling blue boxes from the Township of Selwyn municipal office for \$5.00 each.

Recyclable Containers

- Glass (clear and coloured food and drink bottles and jars)
- Plastic
 - Tubs and lids: yogurt, spreads and dips, sour cream, margarine
 - Bottles and jugs: water, juice, pop, lotion, shampoo, laundry detergent
 - Containers and trays: pre-cut fruit and vegetable trays, strawberry and baked goods containers, including black plastic containers
- Plastic Bags
 - Grocery, milk, bread bags
 - Toilet paper and water bottle overwrap
 - Soil, water softener and newspaper bags
- Cartons and cups (juice and milk cartons, drinking and broth boxes, coffee cups - no lids, take-out cold drink cups)
- Metal
 - Pop cans, pie plates and aluminium foil
 - Food and drink cans and tins
 - Empty paint cans (lids off and dry) and empty aerosol cans
- Please no Styrofoam, chip bags, wrappers, or liners from cereal/cracker boxes.
- Single-use disposable plastic cups are garbage.

Recyclable Paper

- Boxes and rolls
 - All boxes: cereal, cracker, shoe, shipping
 - Paper rolls: toilet, paper towel, wrapping paper tubes
- Paper
 - Printed paper and envelopes
 - Newspaper and flyers
 - Magazines and telephone books
 - Shredded paper, placed in clear plastic bags

Things that will not to be picked up at the curb:

Manufacturer's or industrial waste, any explosive, hazardous or highly combustible material; ashes, construction debris, sawdust and/or shavings; liquid waste, hay, straw and manure, leaves, grass clippings and brush; major appliances, large household furnishings; and tires.

Additional services at the landfill site:

Waste Electronics and Electrical materials.

Tires

Leaf and Yard Waste

Construction and Demolition debris

Metal

Household Hazardous Waste

Batteries

Recycling.

PETERBOROUGH GARDEN SHOW



20th ANNIVERSARY

A "Not-for-profit" organization of passionate volunteers who host the garden show to raise money to give back to the community!

April 24, 25, 26th, 2020

Help us celebrate 20 years of growing and giving!

[GET TICKETS](#)

The Peterborough Garden Show is celebrating their 20th anniversary. Don't miss this show full of guest speakers, vendors, displays, children garden, activities and camaraderie.

We are very lucky to have this quality of a show so close so don't miss it. You can volunteer some of your time to the Peterborough Horticultural Society for this event and get free admission to the show. Check out the website for a list of speakers, demonstrations, hours and volunteer opportunities.

Useful Links



[Ennismore Garden Club Facebook Page](#)

- ❁ OHA Trillium Newsletter - www.gardenontario.org
- ❁ Omeme and District Horticultural Society www.omemeblooms.ca
- ❁ Peterborough Horticultural - www.peterboroughhort.com
- ❁ Lakefield Horticultural - www.lakefieldhort.org
- ❁ [Selwyn Township Guide](#)
- ❁ Garden Making - gardenmaking.com