

# ***Nancy Lee-Colibaba***

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Nancy was raised on a farm in Norfolk county and developed a love of plants at an early age. She developed her skills at Niagara College, Guelph University and Humber College. She joined Royal Botanical Gardens early 1980s and furthered her education in the field of Horticultural Therapy. She joined the Master Gardeners in 1984. She enjoys teaching horticulture and horticultural therapy to interested groups and continues to learn and pass on that knowledge now that she is retired as well as maintain her perennial and vegetable gardens at home.

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## **Introduction to Horticultural Therapy**

Get an overview of how working with plants and people will benefit their physical, social and cognitive abilities. This talk will also explore the people- plant connection.

## **Versatile Herbs**

Learn about herbs and the folklore behind them. Herbs are a staple in the kitchen so this talk will outline harvesting, drying and uses for these versatile plants.

## **Making Gardening Easier**

Often it is rethinking your garden that could make the tasks much easier and perhaps more enjoyable. Discussions on how to make gardening fun again.

## **Getting Started with the Vegetable Garden**

Spring is the time to get the garden ready for planting and even start some cold tolerant plants. This talk will help the novice get started growing their own vegetables.

## **Planting the Vegetable Garden**

Once the space is prepared, planting the garden is the next step. What plants to grow, what seeds to start, will be discussed in this talk for novice vegetable gardeners

## **Caring for the Vegetable Garden**

Once the vegetables are growing it is time to maintain the garden. Staking, suckering, weeding, deadheading, replanting etc.... Many things to do in the garden. Learn how to care for the garden

## **Harvesting the Vegetable Garden**

This talk will cover the harvest but also getting the garden ready for winter plus ideas to extend your growing season. Gardening isn't just in the summertime.