



Flamborough Horticultural Society

Co-President's Message

Newsletter
May 2020

These days are like none we have ever witnessed in our lifetime. For gardeners it means more time in the garden, if only the weather was better.

Our Treasurer, Sherill Allard has resigned as her personal life and family away is taking her time in another direction. Sherill has done an outstanding job as our Treasurer. In the interim, Trudy Bliedung will act as Treasurer until September 30th.

Recently Arie and Lee Vanspronsen also resigned. Arie wanted to dedicate more time to his role as President of the Rock Garden Society which we know is his passion.

Lee has been instrumental in ensuring that our monthly newsletter is full of information and great ideas.

She was a great Publicity Committee Chairperson. Lee was also a tremendous support to Sherill in her role as Treasurer during the summer months.

We encourage you to view our Facebook page and post your own ideas, updates or things of interest. If you need help, please reach out to Liz Visentin.

Cancelling meetings and not enjoying our guest speakers is disappointing. Your Board of Directors are working hard to ensure you receive a newsletter with lots of information to keep you thinking of gardening. Susan MacMillan has taken on the role as Acting Publicity Chairperson until September 30th. This new style of newsletter is the first of several we are trying.

We would love to hear your feedback about content, style or your own submissions.

Please email your thoughts to flamhort@hotmail.com

If you would like to support the Society, we are looking for more Directors and Committee members. We are open to new ideas and a fresh perspective.

We can be grateful we have family and friends to lean on or to support them in these times. Not everyone has family so reaching out from a distance is important. This pandemic has helped us realize what is most important in our lives as we cherish each day for whatever it brings. We hope you continue to be in good health and spirits.

Tina Coverly
Co-President

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Update on FHS Events

The June Bus Tour is **cancelled**.

The May Plant Sale is **postponed**.

Watch your emails for updates and a possible June 13 Plant sale.

All other FHS events are on hold until further notice.

Visit and post on our Facebook page.

Go to www.Facebook.com and in the search bar, enter Flamborough Horticultural Society to navigate to the page.

Garden Planning

Thinking of planting more food this year?

Several sites provide similar dates of the estimated frost-free period for planning your garden.

See **OMAFRA Frost Zone Site and Map for Commercial food crops:**

<http://www.omafra.gov.on.ca/english/crops/facts/climzoneveg.htm>

Flamborough is mostly in Zone C with a bit of Zone B (Part of Hamilton, and Dundas area). The following is on their site.

Zone C - 150-170 days frost-free period (Flamborough area). Average date of last Spring and Fall frost is May 3 and October 8.

Seeding / Planting Dates:

Frost hardy Crops: April 15-25 -

Asparagus, broccoli, brussels sprouts, cabbages, lettuce, onions (set, seed or Spanish), radishes, rhubarb, peas, spinach, parsnips, early potatoes.

Semi-frost-hardy: April 25-May 10 -
Beets, carrots, cauliflower, celery, late potatoes, early sweet corn.

Semi-frost-tender: May 15-25 -

Snap beans, sweet corn, tomatoes

Frost-tender: May 25-June 5 - Lima beans, cucumbers, eggplant, muskmelon, peppers, pumpkins, squash, watermelon. **Hardy**

Perennials: You can plant hardy perennials in early spring when the ground is no longer frozen. The warming soil will encourage the plants to establish roots and begin foliage growth. Your plants will be well established when the heat of summer descends on your garden.

Companion Plants and Beneficial Insects to Control Nuisance Insects in Your Garden

Here are a few beneficial insects to welcome into your garden:

Parasitoid wasps feed on aphids, caterpillars, and grubs.

Lacewing larvae feed on aphids.

Ladybug larvae feed on aphids.

Ground beetles feed on ground-dwelling pests.

Hoverflies and robber flies feed on many insects, including leafhoppers and caterpillars.

What plants will you need to attract these beneficial insects?

Experts say herbs make good deterrents.

Plant ground cover for ground beetles (thyme, rosemary).

If your knees are not green by the end of the day, you ought to seriously re-examine your life.

Shady, protected areas are ideal for laying eggs.

Tiny flowers -for tiny wasps, e.g., plants from the Umbelliferae/ Apiaceae family, like fennel, angelica, coriander, dill, Queen Anne's lace, clovers, yarrow, and rue.

Composite flowers (daisy and chamomile) and mints (spearmint, peppermint, or catnip) to attract predatory wasps, hoverflies, and robber flies.

Insects and Target Plants

Aphids: Chives, coriander, nasturtium

Ants: Tansy (Beware – Nature Conservancy consider this one invasive. It outcompetes native plants.

Asparagus beetle: Marigold

Bean beetle: Marigold, nasturtium, rosemary

Cabbage moth: hyssop, mint, oregano, rosemary, sage, southernwood, thyme

Carrot fly: Rosemary, sage.

Flea beetle: Mint, catmint (contains nepetalactone, an insect repellent, that can be steeped in water and sprayed on your plants).

Flies: Basil, rue.

Fruit tree moths: Artemisia / Southernwood

Japanese beetles: Garlic and rue (when used near roses and raspberries).

Potato bugs: Horseradish.

Mosquitoes: Basil, rosemary.

Moths: Santolina/ Lavender cotton. Asteraceae family – (Zone 5-6).

Tips for Container Gardening

Large plants need lots of space to store enough water during hot days. Plus, the bigger your container, the more plants you can grow! Add food and/ or flowers in buckets, baskets, boxes, troughs—anything that holds soil and has good draining holes in the bottom.

Think outside the pot and use some annuals like Caladium Bicolor (Angel wings) and perennials that will not overgrow the container too quickly but can be put to ground when Fall arrives.

Try different foliage plants like ornamental grasses, hostas and heucheras. Beckie Fox also has some tips in Garden Making to add to your “spiller, thriller and filler” plant arsenal at

<https://gardenmaking.com/perfect-container-plants>.

Tips for Container Gardening with Vegetables

Move containers to take advantage of the sun/shade when needed.

While clay pots look nicer, plastic pots retain moisture better and won't dry out as fast as unglazed terra-cotta pots.

Many plants grown in pots must be watered sometimes twice a day and black pots absorb heat when they are sitting in the sun.

To keep plants adequately cool and moist during hot summer, place a small pot inside a larger one and fill the space between them with

sphagnum moss or crumpled newspaper.

When watering the plant, also soak the filler between the pots.

Hanging baskets add vertical appeal and utilize extra space, while herbs, cherry tomatoes, and strawberries grown at eye level can be easily managed and harvested.



OHA Garden Ontario News & Website:

Please take a moment to check out other information available at <https://gardenontario.org/society-listing/entry/524/>

OR www.gardenontario.org Look under Societies Listing under F for Flamborough.

The OHA website includes our Facebook and Newsletters and are part of the value-added content to assist members.

Links to Remember

Connon Nursery and Manager Terry Vanderkruk have been a wonderful supporter of our Society.

Please show them your appreciation by buying products at Connon Nursery. Visit <https://connon.ca/>. 905-689-7433 See their safety practices during the Pandemic at:

[file:///C:/Users/flamh/AppData/Local/Packages/Microsoft.MicrosoftEdge_8wekyb3d8bbwe/TempState/Downloads/covid-19%20\(1\).pdf](file:///C:/Users/flamh/AppData/Local/Packages/Microsoft.MicrosoftEdge_8wekyb3d8bbwe/TempState/Downloads/covid-19%20(1).pdf)

Did you know? Wild Bird Unlimited offers at 10% discount on products you buy when you mention that you are a horticultural society member. They are open for telephone orders during the pandemic. Check out

https://burlington.wbu.com/?utm_source=bing&utm_medium=local&utm_campaign=localmaps&utm_content=157.

You can phone (905) 634-7700 or email your order for curbside pick-up at wbu1@bellnet.ca

Want to submit an article, question or tips for inclusion in the Newsletter?

Please email ideas or comments to flamhort@hotmail.com.

Links to Some of our Speakers

Sean James - What to do with a downpour: Ornamental ways to handle rainwater.

<http://www.seanjames-consulting.ca>

Glenda Bargeman - Plan and Plant.

Hosta choices

<https://www.lotsahostas.com/>

Marie Decker - Roses and how do we take care of them in the garden.

Marie is a member of the Oakville Horticultural Society.

Thelma Beaubien - Butterfly

Adventures at

<https://waterlooregionnature.ca/event/butterfly-adventures/>.

Rodger Tschanz - Horticultural

Trends and New Plants

<https://www.plant.uoguelph.ca/rtschanz>.

Shaun Booth - Wildlife Friendly

Yards with Native Plants

<https://www.inournature.ca/talksresentations-1>.

Dugald Cameron Planting Your

Spectacular Spring Garden Now.

Email at flower@gardenimport.com

or see www.gardenimport.com,

an online and mail-order perennial specialist company.

Darren Heimbecker Whistling

Gardens Then and Now at

<http://www.whistlinggardens.ca/team.php>

Paul Zammit, Christmas

Arrangements with Paul Zammit

<http://paulzammit.ca/index.html>.

Other News and Important Dates

Trillium Committee

The Trillium Committee plan to put forth a modified plan for the Trillium Awards.

Anyone can be a judge using their easy to follow criteria. Please register your willingness to be a judge at

<https://www.hamilton.ca/city-awards/trillium-awards-program/trillium-award-volunteer-judges>.

You can nominate your own or other gardens at

<https://www.hamilton.ca/city-awards/trillium-awards-program/trillium-award-nominations>.

Monarch Society

The Monarch Society is proceeding with their judging this year.

The deadline to enter your property is midnight June 21, 2020. See

<http://monarchawardshamilton.org/entry-2020/>.

Rain Barrels

Waterdown Anglican Church is proceeding with their annual fundraiser selling rain barrels **for home delivery only**. Please spread the word for this worthy fundraiser.

Go to

www.rainbarrels.ca/graceanglican

“To nurture a garden is to feed not just the body, but the soul.”

Poet Alfred Austin.

Submitted Questions and Answers

Q. What about growing vegetables in semi-shade?

A. Many herbs tolerate as little as 3 hours of sun per day. E.g., Chives, cilantro (will be leggier) garlic, mint, oregano, lemon balm and parsley. Usually, plants grown for their leaves or stems will do better in partial shade and dappled sun.

Plants that are grown for their roots or their fruit will do best with full sun exposure. Many of these plants will still produce in partial sun, just with a smaller yield.

For a list of food that grows in semi-shade check out

<https://www.ecohome.net/guides/2295/growing-vegetables-in-the-shade/>.

Q. What about a video on Dividing Perennials and Spring Planting?

A: Check out YouTube for Dividing Perennials at <https://www.youtube.com/watch?v=z7V50CVRHRE> or check out a Master Gardener’s tips at <https://www.youtube.com/watch?v=weOuj90h96E>

Lee Valley has a short video on Spring planting tips at https://www.leevalley.com/en-ca/discover/videos/gardening/2020/april/plant-spring-vegetables?utm_source=Newsletter---Gardening&utm_medium=email&utm_campaign=PM200424-Gard-Planting-Spring-Vegetables.

Directors 2019-2020

Co-President - Trudy Bliedung
Co-President - Tina Coverly
Vice President - Theresa Santin
Past President - **Vacant**
Treasurer - Trudy Bliedung (to Sept 30)
Secretary - Susan MacMillan
Director - Ann Cochren
Publicity Director & Newsletter Editor - Susan MacMillan (to Sept 30)
Director & Facebook Administrator - Liz Visentin
Director - Rosanne Waugh

Committee Chairpersons 2019-2020

Bus Tour– Tina Coverly
Caring – Annamary Kilham
Civic Improvement– Jan Bignell
Communications Copywriter- Jennifer Godyn
Flower Show& Trillium Liaison– Ann Cochren
Garden Walk – Susan MacMillan
Meeting Hospitality – Susan MacMillan
Membership – Janet Waterfall
OHA Website Monitor: Phil Longstaff
Plant Sale – Connie Godyn and Roxanne Riley
Sign Standardization – Ann Cochren
Speakers and Programs – Theresa Santin & Connie Godyn

Shout-out to Members

A big congratulations to one of our members – Sabine Atkins. As of April 18, Sabine has made and donated over 750 face masks to help reduce the spread of Covid-19. These masks went to assisted living facilities, clinics and hospitals. Sabine has been making more than 50 masks a day with help from Facebook friends who donated some of the material and elastic. Check out Sabine's Facebook page to see her skills. In the search bar type Sabine Atkins.



Sabine has put a hold temporarily, on making Boomerang Bags as part of the Boomerang Bags Sewing Group. To find out about the reusable grocery and produce bags, enter Boomerang Bags in the Facebook search bar.

“Life expectancy would grow by leaps and bounds if green vegetables smelled as good as bacon.” – Doug Larson

How to Reach Us

Flamborough Horticultural Society

P.O. Box 902
Waterdown
ON L0R 2H0

E-mail: flamhort@hotmail.com

Or Phone: Susan at
905-977-8567

Mission

The mission of the Flamborough Horticultural Society is to encourage interest and involvement in horticulture through civic improvement, preservation, exhibitions, the distribution of plant materials and regular instruction pertaining to the theory and practice of horticulture.

We are dedicated to sharing gardening knowledge.