



Flamborough Horticultural Society

March 2020
Newsletter

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Hosts Mary Blake and
Theresa Santin

Refreshments Annamary
Kilham, Helen Nichol and
Susan MacMillan

Guest Speaker:

Wednesday, March
18th, social time starts
at 7:00 p.m. at St. Thomas
the Apostle Church, Parish
Hall, 715 Centre Road,
Waterdown, ON. 'Roses
And How Do We Take Care
Of Them In The Garden' will
be the subject of Marie
Decker's informative talk.

President's Message

Good day to all. It's hard to believe that we are halfway through March 2020. The snow is melting quickly, and the rain is helping the earth to get ready for the burst of our first spring flowers.

We find ourselves in changing times which continues to involve day-by-day with the outbreak of the covid-19 virus. As social gatherings and group activities continue to be cancelled, we must ensure that we don't become isolated in our homes. Remember to get outside for a walk or a hike to expose yourself to Mother nature and all that she offers. Look out for your neighbours and friends, stop by for a tea and visit.

If you have a computer, use the time to explore new plants you would like to add to your garden this year. Make a list and bring it to an upcoming meeting, our members are happy to share their plants. Review the list of plants needed for the plant sale and pot up a few for our sale. This will allow you to add some new things to your ever-evolving gardens.

Don't be afraid to start some seeds on your sunny windowsill. Vegetables and flowers can easily be started with a little earth and an egg carton.

Stay healthy

Tina Coverly
Co-President

Flower Show Competition

“**Ode to the Green**” A design using a green container using live green natural material from inside or out.

“Please note it is important to follow the specifications as described in each month’s theme. Most importantly...have fun. Interpreting and be creative. Enjoy celebrating your garden’s bounty.”

New Members

Four new members joined us at the February meeting. Let’s give a big welcome to Karen Belaire, Claire Kostyshyn, Stephen Kostyshyn and Martha Novoselac.

Question & Answer Period

If you have any plant related questions to be discussed at the meeting, please submit them in writing prior to the meeting.

District 6 & OHA Events

D6 AGM is scheduled for April 18, 2020 at the Gellert Centre in Georgetown. Their 100th anniversary will be this year. More details will be released regarding the speaker and flower show asap.

OHA 114th Convention will be held in London this year, based at the Lamplighter Inn. The dates will be July 17, 18 and 19, 2020. More details re speaker and possible workshop will follow. The theme is **Inspired by Nature**.

D6 Fall Breakfast will be held on September 19th and hosted by Simcoe. **Please save the date.**

D6 Fall Dinner Haldimand will host the event this year on Saturday, November 14th. **Please save the date.**

Caring Committee Report

As many of you are aware, Father Tim Hingston, the parish priest at St. Thomas Church passed away very suddenly in February. Our society thought an appropriate way to remember him would be to make a donation to the St. Thomas Church parish garden. This could be a monetary donation or a physical donation of plant material, to be decided in consultation with their garden committee. The value of our donation will be discussed at the FHS executive meeting in March. A sympathy card, along with a letter of our intention was delivered to St. Thomas Church.

If you know of any of our members who need to be brought to the attention of the Caring Committee please contact me, Annamary Kilham at 905-689-4808 or amdakilham@cogeco.ca.

Thanks so much.

Gardening and other events

Annual Plant Sale: Saturday, May 23rd, 8 a. m. - 1 p. m.

Opening day of the Farmers' Market

Waterdown Legion, in the front parking lot, 79 Hamilton St. North

Spring is just around the corner! We know all of you are ready to see your gardens come to life!

Please consider volunteering to support our biggest fund raiser for the Flamborough Horticultural society. We will be circulating the sign up sheet again at the March meeting. Your help ensures the success of this year's plant sale.

We have attached our information sheet on the plant sale, which gives you details regarding the sale.

Submitted by your 2020 Plant Sale Committee

Connie Godyn and Roxanne Riley

Lemon curd

Microwave by "Homemaker's Test Kitchen 1998!

Makes 1 1/2 cups (enough for 24 tiny tarts)

Preparation time 5 minutes – cooking time 4-5 minutes

depends when you start!!

3 eggs

¾ cup granulated sugar

1 tbsp grated lemon rind

½ cup fresh lemon juice

2 tbsp soft butter

In MW bowl (I take the 8cup measuring bowl and make it double), whisk together eggs and sugar, whisk in lemon rind, lemon juice and butter. MW on High for 2 minutes, whisk until smooth. MW on high for 2 to 3 minutes longer until it boils and thickens slightly; whisk again until smooth.

Let cool, then refrigerate (it will thicken a lot more as it chills). May be stored in 250 ml Mason jar in refrigerator for up to a week

(I keep it longer because I forget that it is in the fridge if someone moves it to the back.) It can be used as jam or spread in jelly roll, cupcakes etc.

Per tbsp. 15 ml: 40 calories, 1 g fat, 6 g carbohydrate, 1 g protein.

Old fashioned lemon curd is back in vogue, turning up in stylish restaurant dessert and fancy bakeshop goodies.

Here's today's way of making it fast, easy and more delectable than ever. MW avoids the problem of the old methods (fussing with double boilers, worrying about sticking or lumping, and wondering if it's thick enough. This version is fast, foolproof, extra lemony in flavour and lower in sugar and butter than old-time recipes.

Enjoy making and eating it! March 7, 2020 copied by Erika Friesen

My **Waterdown Boomerang Bag** group generates a lot of thin fabric strips as a by-product of serging the seams of our bags. Our shopping totes are made from rescued fabrics to reduce the use of plastic bags and keep still-useable material out of the landfill. We've been collecting these cut-offs and are putting them into small fabric drawstring bags. We'd like to give them away free to anyone interested for tying up plants in their gardens. I'd love to offer them to our members at the March meeting, and we would also like to make them available to the public at the plant sale in May, if possible.

Next Meeting

Wednesday, April 15th, 7:30 pm, social time starts at 7:00 p.m. at St. Thomas the Apostle Church, Parish Hall, 715 Centre Road, Waterdown, ON. “**Butterfly Adventures** with **Thelma Beaubien** will give us insight into the lives of this important pollinator.”

Flower show: “Harbinger of Spring” A display of five spring flowers in five glass containers

Deadline for April Journal submissions will be March 31st.

FHS & Member Announcements

FHS & Member Announcements:

We have a table where members may leave pamphlets or posters for the information of members. It is each member’s responsibility to collect any notices, placed here, after each meeting, or they will be disposed of.

Lug-A-Mug: Please bring your own mug to the meetings; it reduces our waste and clean up time. Your contribution towards refreshments is always appreciated.

Website: We will be posting the current Newsletter there. Please take a moment to check out the information available by going to

<https://gardenontario.org/society-listing/entry/524/>

The new OHA website has been updated, including our Society listing. Please email your comments to flamhort@hotmail.com, attention of Trudy. OR

www.gardenontario.org Societies Listing F for Flamborough

DO IT YOURSELF COUGH SYRUP

Heat 2 cups (500ml) honey in a pan on low heat- do not boil.

In separate pan, place a whole lemon in water and boil for 2-3 minutes

To soften skin and kill off bacteria. Cool lemon, slice, and add to honey. Cook on warm heat for about an hour.

Strain, cool, then place in a jar with lid and store in refrigerator for up to 2 months.

Mine is in the fridge for one year (I forgot it) but I finished it after the year and it was still

Good, it was very thick and yummy!

Do not use for children under 2 years of age.

DOSAGE UP TO 4 times A DAY

Dosage: 25 lbs. (11.35 kg) child – ½ tsp or 2.5ml

50 lb. or 22.7kg child – 1 tsp or 5ml

Adults: 1 tbsp. or 15 ml can be taken 4x per day

Erika☺ January 13, 2020

2020 FHS Spring Plant Sale joins Waterdown Farmers' Market on opening day

Saturday, May 23, 8 am – 1 pm, Waterdown Legion

April 28th, 12:30 - 2:30 and April 30th 12:30 - 2:30 – Potting up sessions at Art Marlow

Rain Date: May 5th 10:00-12:00

If you are not available for these dates, then you can drop off your plants at Art's up until May 11th. Please contact Art (905-689-8336) before you stop by his place. Make sure you label your plants with the common and/or Latin name.

Art Marlow's house, 448 Carlisle Road, Carlisle

Directions: From Hwy 6 or Centre road, turn right onto Carlisle Road. Just before crossing the railroad tracks, enter large gate on the right and drive a few feet to the garden shed on the right where you will find pots and soil. Please bring your gardening gloves and tools.

As you see from the potting-up dates, we want to give the plants time to "get settled in their pots" and therefore look better on the sale date. Art Marlow has kindly agreed to water and look after them.

Plant Donations: Check your garden for plants to donate. Maybe you have a generous neighbor who would donate some plants. April is a great month to split overgrown perennials. Review the enclosed plant list of desired perennials.

Please label the plants you are donating.

Potting up: We have good triple-mix soil for potting up at Art Marlow's. If you pot up at home, we encourage you to pot up fewer but good quality plants. Especially when they are common plants, we should offer them in well stocked 4" and/or 1 gallon rather than small pots. They should be full to provide value to our customers. If you need help potting up your own plants, please bring them in boxes just prior to the potting-up session.

Transportation - If you have a pickup truck or trailer, please volunteer to help deliver plants to the plant sale location in Waterdown no later than 7:00 am the day of the plant sale. Plants need to be picked up from Art Marlow's on the Friday evening (May 22nd) for an even quicker start on Saturday morning.

Additional Items

If you have a **small wagon** you can bring to the sale, it will help people transport plants to their cars. Also, if you have **cardboard boxes**, please bring them to the sale.

If you have any specific comments or questions, please ask the Plant Sale Committee

Connie Godyn (cagodyn@gmail) or Roxanne Riley (roxr125@gmail).

Plant Donation suggestions:**Most non-invasive perennials are good sellers but some of our best sellers are:**

Allium (ornamental onion, especially large varieties)	Jack in the Pulpit	
Anemone, Japanese (Anemone hupehensis)	Lavender	
Lupine	Lobelia siphilitica (great blue)	Anemone (Canadensis)
Annuals (flats), such as Impatiens, begonias	Lungwort (Pulmonaria officinalis)	
Anise Hyssop (Agastache foeniculum)	Maltese Cross	
Asters	Meadow-rues	
Astilbe	Meadowsweet (Filipendula)	
Astrantia Major alba (Masterwort)	Monkshood	
Balloon Flower	Mums	
Barrenwort (Epimedium Grandiflorum)	Phlox	
Bellflower (Campanula takesimana)	Primula-Primrose	
Blazing Star (Liatris)	Russian Sage	
Bleeding Heart	Salvia	
Bloodroot	Sedum, any variety	
Cannas bulbs	Solomon's Seal, especially variegated	
Clematis	Spurge (Pachysandra)	
Columbine (Aquilegia canadensis)	Sweet Woodruff	
Cone Flower (Echinacea)	Thrift (Armeria maritima)	
Coral Bells (Heuchera)	Trillium grandiflorum	
Coreopsis (Tickseed)	Turtlehead (Chelone, white or pink)	
Dahlia bulbs	Yarrow (except for common, white variety)	
Daisies, English		
Day lilies		

(not the common orange variety)

Miscellaneous: Shrubs, Trees

Delphinium

Ferns

Filipendula vulgaris (Dropwort)

Foxglove

Goatsbeard

Geranium (Cranesbill)

Ginger (Wild ginger - Asarum canadense)

Grasses & Sedges

Hellebore

Hens & Chicks

Herbs

Hosta, uncommon varieties

Hydrangea

Iris, color must be provided

New this year - Pre Plant Sale

The Spring Plant Sale Committee is offering a pre plant sale to our members. It will be held on **Thursday May 21st at 6:00 pm.**

Places:

Art Marlow

448 Carlisle Road, Carlisle

and

Connie and Roxanne

25 - 20 Marshboro Ave., Dundas (Hamilton) This is a great opportunity to acquire new plants for your gardens before the general public at the Plant sale in Waterdown. Come out and support your Horticultural Society early on Thursday May 21st or on Saturday the 23rd.

Officers & Directors 2019/2020:

Co-President Trudy Bliedung
Co-President Tina Coverly
Vice President Theresa Santin
Past President Arie Vanspronsen
Treasurer Sherill Allard
Secretary Susan MacMillan
Director Ann Cochren
Director Lee Vanspronsen
Director Liz Visentin
Director Rosanne Waugh

Committee Chairs:

Caring Committee – Annamary Kilham
Civic Improvement Committee – Jan Bignell
Communications Copywriter- Jennifer Godyn
Flower Shows Committee – Ann Cochren
Garden Walk Committee – Susan MacMillan
Guest Speakers and Programs Committee – Arie Vanspronsen
Meeting Hospitality – Susan MacMillan
Members' Bus Tour – Tina Coverly and Arie Vanspronsen
Membership Committee – Janet Waterfall
Newsletter – Lee Vanspronsen
Plant Sale Committee – Spring - Connie Godyn and Roxanne Riley
Plant Sale Committee – Fall – Trudy Bliedung and Arie Vanspronsen
Publicity Committee - Lee Vanspronsen
Trillium Awards – Ann Cochren and Tina Coverly
Website – Trudy Bliedung and Tatiana Minina



The Flamborough Horticultural
Society
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