

HOST AND NECTAR PLANTS

Painted Lady:

Host: Thistle, mallow family including hollyhocks

Nectar: Sedum, buddlea, zinnia, joe pye weed, thistle, aster,

cosmos, liatris, red clover, privet and milkweed

White Admiral:

Host: Birch, willow, hawthorn, chokecherry, aspen, oak basswood

Nectar: Spirea, cosmos, zinnia, wild evening primrose, milkweed,

privet, viburnum

Red Admiral:

Host: Nettles, hops

Nectar: Cherry, milkweed, yarrow, cosmos, red clover, aster, apple,

Eastern Tiger

Host: Lilac, willow, birch, black cherry, ash, magnolia, cottonwood

Swallowtail:

Nectar: Buddlea, joe pye weed, sunflower, monarda, honeysuckle,

wild cherry, milkweed

Giant

Host: Trees & herbs of the citrus family including prickly ash, hop tree,

Swallowtail:

also common rue

Nectar: Swamp milkweed, zinnia, buddlea, azalea, dames rocket,

goldenrod, honeysuckle

Eastern Black

Host: Queen Anne's Lace and other members of the carrot family including caraway, celery, dill & parsley. Also, rue and wild parsnip

Swallowtail:

Nectar: Monarda, queen anne's lace, meadow rue, milkweed, phlox

Common Blue

Host: Blueberry, dogwood, meadowsweet, viburnum, cherry, lilac and

Azure:

black snakeroot

Nectar: Foxglove, meadowsweet, black snakeroot, common milkweed,

Dogbane, privet, blackberry, daisy and most meadow plants

Viceroy:

Host: Willow, aspen, poplar, apple, cherry and plum trees

Nectar: New England aster, milkweed, red clover, zinnia, comos,

rotting fruit

Monarch:

Host: Butterfly weed, soulmate, swamp & common milkweed

Nectar: milkweed, zinnia, joe pye weed, aster, red clover, cosmos, daisy,

buddlea, liatris, goldenrod, monarda, black snakeroot, lobelia,

coneflower, fall mum