

Herbs are a great way to enhance any dish. They can add flavour, add aromatics, garnish your food or drink and have wonderful health benefits! Master Gardener Rebecca Last-Guenette and her husband Richard will be talking to us all about growing herbs and how to utilize them in your dishes!

What can you expect?

Seminar

Rebecca will start us off by speaking on the herbs that will be presented in the food tasting. (30 min)

Food Tasting

We will be focusing on 4 herbs and have a sampling item for each. *Note that these are subject to change at their discression*

Basil - Pesto Noodle Dish

Rosemary - Red Wine & Rosemary Jelly on Crackers Cilantro - Guacamole with Corn Chips

Tarragon - Fried Shrimp or Chicken

Live Cooking Demonstration

Our final sampling will be prepared live in order to experience the lovely aromas of cooking with herbs.

Recipes

You will receive the recipes for all the dishes sampled at this event.

COST:

\$10.00 per person

Note that family and friends of members are welcome to participate in this event!

Registration and payment must be received by: Tuesday, June 11th, 2024.

To sign up simply add your name to our sign up sheet present at our general meetings. Payment can be done in cash as well as e-transfer to: cornwhortsociety@gmail.com

*a minimum of 25 people is required for this workshop.

Tuesday, July 9th, 2024

at St. Therese Church from 6:45 P.M. - 8:45 P.M. 1304 Lisieux Street, Cornwall, Ontario